

25. Landkreislaf 16.05.2009 - Wechselzeiten

Nr.	Platz	Mannschaft	Wechselzeiten												Gesamt	Klasse
			Freuden-berg	Pursruck	Weither	Hirschau	Ehenfeld	Großschön-brunn	Ebersbach	Schönlind	Iber	Süß	Hahnbach			
322	1	Skivereinigung Amberg I	19:30	11:35	20:43	22:05	18:54	17:34	21:31	21:53	18:36	16:11	11:54	03:20:26	H	
231	2	CIS Amberg 1	19:57	11:29	21:01	21:10	18:14	18:19	22:08	22:38	18:20	16:16	11:34	03:21:06	H	
120	3	TuS Rosenberg Sportabzeichen	18:47	12:43	22:21	21:56	18:24	17:45	22:54	21:31	19:02	17:10	11:33	03:24:06	HL	
293	4	TST-Ammerthal 1	19:35	12:02	21:02	22:03	18:26	19:02	22:55	22:13	19:23	17:05	11:38	03:25:24	HL	
121	5	RSC Neukirchen I	19:56	12:01	20:19	22:08	19:33	17:17	22:18	23:00	20:58	17:26	11:32	03:26:28	HL	
159	6	SV Freudenberg I	22:07	12:30	21:55	26:11	18:51	19:03	22:37	24:28	20:47	16:40	11:37	03:36:46	HL	
152	7	Haile Gebrselassie Gedächtnismannschaft	20:25	12:19	21:54	24:32	21:00	18:37	25:27	24:46	19:10	16:45	12:00	03:36:55	HL	
287	8	SV Illschwang 1	20:27	12:44	21:31	25:23	19:33	19:08	23:36	25:18	19:19	18:22	11:56	03:37:17	HL	
162	9	VII. BPA Su.-Ro.	20:17	11:35	22:52	24:55	19:42	18:22	26:24	23:17	00:15	38:41	11:46	03:38:06	HL	
118	10	SV-Kemnath Run Team	20:42	12:54	21:52	26:10	19:09	19:58	23:22	24:51	19:22	17:56	12:58	03:39:14	HL	
238	11	LT St. Michael Amberg Ps 18,30	20:15	11:36	23:16	25:46	20:53	18:33	24:19	25:55	20:24	18:07	11:52	03:40:56	H	
285	12	CVJM-Rosenberg "Runteam"	21:21	####	57:22	22:26	19:59	20:01	23:44	23:27	####	19:11	12:44	03:41:20	HL	
126	13	SCMK Hirschau I	22:51	12:11	23:15	24:11	19:49	21:11	24:42	25:12	19:46	17:42	12:02	03:42:52	HL	
232	14	CIS Amberg 2	20:28	13:46	22:50	24:54	19:14	18:38	23:16	27:28	21:07	19:23	12:12	03:43:16	H	
276	15	ASV Schwend I	21:18	13:25	22:37	23:41	20:38	19:45	24:52	24:54	20:58	19:01	13:44	03:44:53	HL	
192	16	Freibier Forstseih Iber I	21:15	12:20	22:03	24:39	21:06	19:27	26:31	27:56	21:55	17:44	12:31	03:47:27	HL	
164	17	SGS Amberg 1	21:51	12:30	22:56	25:42	20:25	17:26	31:21	21:44	14:47	####	14:00	03:48:43	H	
130	18	SV Hahnbach Herren I	22:30	13:40	23:26	26:30	19:58	20:12	25:55	25:42	21:26	18:34	12:35	03:50:28	HL	
344	19	Run & Bike Hirschau	22:06	12:45	22:59	23:20	20:10	23:16	26:19	28:35	19:46	19:11	12:42	03:51:09	HL	
114	20	DJK Ursensollen I	22:49	13:58	25:15	25:39	21:17	20:30	26:43	23:13	21:22	18:06	12:48	03:51:40	HL	
244	21	STRANDLÄUFER HIRSCHAU I	21:19	12:49	25:54	26:21	22:04	22:33	23:19	25:21	20:40	18:36	14:05	03:53:01	HL	
197	22	Ski Club Unterweißenbach I	22:18	15:05	24:15	24:13	22:57	20:08	25:52	26:57	19:53	18:01	15:51	03:55:30	HL	
212	23	TV Sulzbach-Rosenberg "Ski"	22:20	12:32	24:07	25:38	21:49	22:30	22:41	29:09	22:01	20:05	13:05	03:55:57	HL	
383	24	Wolfpack	22:36	13:44	24:55	27:00	21:11	19:59	26:22	27:00	22:29	19:29	13:50	03:58:35	HL	
28	25	CIS Amberg Damen 1	22:21	12:32	25:40	27:59	21:36	21:00	26:51	26:46	22:26	20:09	14:02	04:01:22	D	
124	26	Königsteiner Getränkemarkt	25:09	13:01	22:48	28:05	22:54	24:02	23:41	27:27	20:20	20:15	14:00	04:01:42	HL	
294	27	TST-Ammerthal 2	22:26	14:58	24:56	26:50	21:26	21:29	27:06	28:13	21:12	20:14	13:00	04:01:50	HL	
323	28	Skivereinigung Amberg II	22:35	13:37	24:53	29:14	20:32	21:51	####	55:13	####	47:58	13:56	04:01:54	H	
169	29	Hobbyläufer Ebermannsdorf Herren	22:41	13:32	24:42	26:39	27:11	22:39	23:12	29:27	21:39	18:55	12:47	04:03:24	HL	
214	30	CVJM-Rosenberg Jungenschaft	21:17	14:49	23:57	26:07	24:26	26:48	22:17	27:01	23:15	19:12	14:46	04:03:55	HL	
254	31	Conrad Sportverein	21:52	13:04	26:16	27:44	22:22	19:16	27:35	31:36	####	49:55	14:15	04:04:10	HL	
137	32	Edelstoff	19:02	14:43	24:22	27:01	21:57	23:29	26:59	27:30	22:17	21:38	15:14	04:04:12	HL	
235	33	Scheinleistungssportler I	24:36	13:26	24:34	27:16	21:42	21:26	26:23	28:39	23:01	19:35	13:52	04:04:30	H	
343	34	SV 08 Auerbach Herren	22:03	14:42	26:50	23:37	22:50	19:58	24:20	27:53	27:27	20:34	14:44	04:04:58	HL	
233	35	CIS Amberg 3	23:20	13:25	25:39	26:57	23:36	21:51	26:42	28:12	####	49:56	15:09	04:05:05	H	
216	36	Panduren-Runners	22:10	15:24	26:53	27:19	21:43	21:19	25:09	26:33	24:08	21:21	14:49	04:06:48	H	
260	37	RSG Vilstal	22:28	13:23	23:40	37:44	20:01	21:54	24:21	29:39	22:47	18:20	12:39	04:06:56	HL	

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			Freuden-berg	Pursruck	Weither	Hirschau	Ehenfeld	Großschön-brunn	Ebersbach	Schönlind	Iber	Süß	Hahnbach		
172	38	DAV-Sektion Sulzbach-Rosenberg I	####	38:47	25:43	31:18	20:19	19:39	25:21	30:02	21:46	21:02	13:35	04:07:32	HL
106	39	Lauftreff SV Poppenricht Herren I	22:40	18:36	25:35	26:34	22:05	21:52	27:23	26:15	22:39	20:37	13:41	04:07:57	HL
277	40	ASV Schwend II	24:04	13:42	24:36	28:32	22:43	20:34	25:30	29:48	24:30	19:21	14:41	04:08:01	HL
142	41	WAGRAIN RUNNERS	23:26	13:01	24:55	27:31	20:05	19:15	25:37	30:58	25:59	21:47	15:36	04:08:10	H
102	42	L. G. Sport-Ried	25:54	14:17	25:22	25:41	24:26	20:56	26:29	26:53	23:14	20:38	14:25	04:08:15	H
205	43	Kaufhaus Monte	21:54	13:07	24:15	27:24	24:06	23:41	26:47	26:41	21:25	23:12	16:17	04:08:49	HL
218	44	Traßlberger Kirwaleit I	22:20	13:34	24:17	30:58	21:45	21:33	29:13	26:09	####	54:57	14:12	04:09:09	HL
146	45	Siemens T-Durchzug	22:37	13:34	28:36	28:00	24:24	23:12	27:09	27:06	####	55:52	13:28	04:09:20	H
211	46	DJK Ens Dorf II	22:00	13:18	25:08	25:38	21:57	32:22	20:40	29:24	24:29	20:36	14:03	04:09:35	HL
125	47	SGS SIMATIC Laufwunder	24:56	13:18	23:25	30:00	21:54	21:07	28:43	25:47	22:20	20:43	17:38	04:09:51	H
160	48	SV Freudenberg II	25:13	12:38	24:42	27:17	22:50	22:51	26:40	29:22	25:23	20:32	12:33	04:10:01	HL
139	49	Herzog-Christian-August-Gymnasium I	23:03	12:42	29:15	28:15	23:33	19:56	27:26	27:11	####	56:06	13:59	04:10:05	HL
41	50	Skivereinigung Amberg Damen I	23:51	14:28	24:20	26:34	22:49	22:48	26:36	29:01	24:37	21:52	13:19	04:10:15	D
300	51	Revital Fitness- und Gesundheitszentrum I	25:39	13:20	27:49	25:57	21:35	21:02	25:47	26:59	25:41	22:28	14:03	04:10:20	H
288	52	SV Illschwang 2	24:36	13:35	25:40	29:29	21:48	20:00	29:28	30:01	22:53	20:10	12:50	04:10:30	HL
16	53	VII. BPA Su.-Ro. Frauen	22:57	15:10	27:23	31:13	23:01	21:31	24:58	28:54	####	55:56	14:43	04:10:39	DL
109	54	Laufen und Joggen Schlicht	24:42	14:35	23:48	25:01	22:49	21:45	25:34	31:14	23:38	28:02	09:47	04:10:55	HL
334	55	Rauscher Buam	21:26	13:57	26:43	27:09	21:36	22:19	30:14	28:06	22:02	20:47	17:29	04:11:48	H
261	56	SG Edelweiß Hohenkernath I	25:37	13:07	23:33	28:48	21:44	21:10	26:32	30:35	24:55	21:01	15:27	04:12:29	HL
8	57	LSG Edelsfeld I	24:44	13:29	26:44	25:30	24:09	22:07	27:28	29:27	22:42	21:08	16:02	04:13:30	DL
200	58	Polizei Amberg I	25:12	13:21	26:14	28:53	21:45	22:15	26:53	29:38	25:32	20:46	13:45	04:14:14	H
156	59	Folienflitzer	####	34:38	25:47	30:25	22:50	24:52	26:19	33:36	24:45	15:59	15:12	04:14:23	HL
208	60	Die 26.ste, The Youngsters	21:59	18:26	22:17	29:35	26:19	19:56	26:46	31:38	24:47	20:05	12:46	04:14:34	HL
290	61	Wild-Vaitl	26:45	13:57	26:42	29:12	20:02	22:37	27:25	28:36	20:56	00:50	37:53	04:14:55	H
375	62	GRAMMER Running Toolmaker	23:34	17:29	28:23	25:29	20:35	17:25	####	12:07	23:18	24:16	15:39	04:15:20	HL
368	63	Kerb-Konus-Gewindeflitzer	26:28	13:02	21:49	26:51	26:22	20:38	28:33	28:47	26:47	21:29	15:24	04:16:10	H
166	64	TuS Rosenberg Ski	25:04	15:38	25:54	26:52	23:02	18:40	28:00	31:46	24:01	21:03	16:13	04:16:13	HL
189	65	Glypto-Team Etsdorf	24:01	14:22	26:12	27:53	24:51	20:07	25:44	33:06	25:41	19:40	15:08	04:16:45	HL
228	66	SSV Paulsdorf 1	26:18	13:28	23:52	28:33	23:10	25:26	25:54	32:23	22:39	22:13	13:03	04:16:59	HL
110	67	Herzschrittmacher	22:43	12:47	23:17	28:50	24:22	23:12	####	10:31	25:41	25:04	15:47	04:17:03	HL
122	68	RSC Neukirchen II	21:55	15:23	24:43	28:08	24:16	21:25	33:34	32:01	22:15	19:58	14:32	04:18:10	HL
252	69	Stopselclub Lengenfeld	26:05	15:00	24:26	26:43	21:37	24:57	26:50	30:45	24:01	20:13	17:46	04:18:23	HL
115	70	DJK Ursensollen II	27:17	13:24	25:26	29:38	22:19	23:13	32:35	28:12	23:42	20:30	12:54	04:19:10	HL
167	71	Die märchenhaften Grimm	22:48	13:26	25:59	28:29	23:23		28:35	20:48	24:17	48:55	####	04:19:59	H
12	72	SV Hahnbach Damen I	26:05	14:39	27:18	28:42	22:30	22:34	28:04	28:46	24:57	21:57	15:02	04:20:34	DL
280	73	Die 11 lustigen 12	24:35	16:22	25:21	29:41	23:44	23:12	####	21:21	22:45	20:26	16:45	04:21:17	HL
286	74	Athletico Visa Vis	21:53	14:00	25:25	29:39	22:53	24:52	29:37	30:09	21:47	24:31	17:07	04:21:53	H

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			Freuden-berg	Pursruck	Weiber	Hirschau	Ehenfeld	Großschön-brunn	Ebersbach	Schönlind	Iber	Süß	Hahnbach		
269	75	Luitpoldhütte AG	21:03	####	06:59	28:28	22:38	23:23	27:10	30:44	27:41	21:49	13:03	04:21:55	H
119	76	SV-Kemnath Fun Team	24:34	13:37	25:55	28:03	23:37	21:39	28:17	32:39	25:55	22:03	15:48	04:22:07	HL
348	77	Gregor-Mendel-Gymnasium I	28:32	15:05	27:01	28:21	23:59	23:32	26:56	28:04	52:45	####	14:46	04:22:14	H
143	78	Hobby-Jogger Amberg	23:27	14:52	28:04	27:47	23:05	26:06	26:07	31:18	23:30	07:27	30:55	04:22:38	H
210	79	Skiverein Etzelwang	20:59	17:02	26:30	29:48	32:03	16:59	31:12	27:04	24:13	21:54	14:56	04:22:40	HL
113	80	Siemens LZA 2 fast 4 you	30:45	16:03	26:23	28:55	26:58	22:55	26:13	26:03	24:14	21:32	13:10	04:23:11	H
108	81	VFTN Kirchenreinbach	24:57	16:29	24:10	31:59	24:05	23:33	26:17	30:00	25:50	22:32	13:44	04:23:36	HL
11	82	SCMK Hirschau	25:15	14:23	25:50	27:05	23:31	20:02	29:12	30:52	25:02	24:55	17:39	04:23:46	DL
2	83	Lauftreff SV Poppenricht Damen I	24:57	15:12	28:08	28:14	24:41	24:16	27:40	29:45	24:49	21:21	14:52	04:23:55	DL
374	84	Eagle Company	25:17	13:55	24:41	42:24	24:38	19:10	26:51	29:02	25:08	19:11	13:39	04:23:56	HL
184	85	Zwetschgndatschi	24:41	14:01	26:25	29:46	27:07	24:08	27:58	30:58	25:27	20:41	12:55	04:24:07	HL
358	86	Schwepperrenner Pfaffenhofen Herrerr	24:11	13:33	27:38	29:41	23:21	20:26	26:51	26:20	22:12	21:31	28:27	04:24:11	HL
127	87	SCMK Hirschau II	24:14	14:22	24:27	32:28	27:46	18:50	37:52	27:20	22:55	19:26	15:04	04:24:44	HL
157	88	D'Oberlandler	20:26	14:30	32:02	24:13	29:29	25:10	27:09	29:49	28:11	20:43	13:13	04:24:55	HL
176	89	Lauftreff Aschach	23:30	15:29	25:08	28:18	22:55	29:37	27:23	28:04	27:50	####	44:41	04:24:56	HL
345	90	TuS Rosenberg Sportabzeichen 2	23:50	11:01	32:50	25:09	23:24	30:36	29:51	26:17	####	50:55	15:19	04:25:30	HL
265	91	Mini-Mäuse Mendorferbuch	25:00	13:51	29:03	28:45	23:12	27:41	29:36	29:24	22:52	20:40	15:28	04:25:32	HL
191	92	Feuerwehr Karmensölden	27:03	13:59	23:49	31:23	22:19	21:52	31:53	28:05	25:04	21:13	20:20	04:27:00	H
283	93	FC Freihung II - "TeamSport Köhler"	26:01	17:14	27:33	26:29	21:45	20:30	30:18	34:20	27:00	21:27	14:48	04:27:25	HL
217	94	Just for Fun Ebermannsdorf	25:37	14:46	26:14	29:14	24:33	19:08	38:03	31:23	24:49	20:39	13:30	04:27:56	HL
133	95	SV Hahnbach IV - Stammtisch	21:20	13:48	27:04	27:36	25:25	22:10	30:30	29:17	27:22	24:49	18:57	04:28:18	HL
292	96	Männliche A-Jugend HG Amberg	29:42	12:58	29:21	28:41	22:22	23:23	31:21	34:17	24:53	19:33	12:03	04:28:34	H
131	97	SV Hahnbach Herren II	26:04	16:48	27:50	30:40	23:37	22:49	33:35	29:33	25:57	18:50	13:00	04:28:43	HL
223	98	Ayurveda-Team	25:03	17:11	24:03	33:08	22:42	21:59	32:04	30:10	24:11	24:20	14:19	04:29:10	HL
251	99	Naturfreunde Auerbach	26:23	17:07	24:22	30:53	26:58	23:14	26:44	31:19	21:35	25:01	15:41	04:29:17	HL
258	100	Saufzeit n. e. V.	23:33	14:35	23:05	31:26	22:11	24:55	31:40	29:09	27:51	26:04	14:51	04:29:20	HL
360	101	DEPRAG Preßluft Flitzer	23:52	14:20	31:01	29:02	31:16	18:16	####	25:17	28:36	23:20	12:17	04:29:30	H
181	102	PS-Läufer	29:45	17:45	25:21	28:47	24:35	22:22	32:25	28:52	22:58	19:35	17:10	04:29:35	H
104	103	Lions Club Sulzbach-Rosenberg	22:27	18:27	24:31	31:39	26:24	23:45	28:12	31:05	26:38	23:13	13:20	04:29:41	HL
255	104	Grammer Volles Rohr	24:40	14:01	30:07	29:55	25:39	24:05	26:24	29:39	24:26	22:13	18:41	04:29:50	HL
5	105	Jogging Girls Paulsdorf	26:03	15:37	27:37	29:47	24:33	24:00	30:17	29:56	26:30	21:21	14:34	04:30:15	DL
117	106	Feldwegschreck	21:22	14:04	26:26	28:33	26:10	24:30	30:50	32:55	27:34	23:38	14:19	04:30:21	HL
107	107	Lauftreff SV Poppenricht Herren II	26:27	13:35	27:13	28:42	26:50	22:32	28:45	32:02	27:22	22:12	14:50	04:30:30	HL
144	108	SGS-Stoppelhopser	26:02	15:52	28:57	34:27	22:32	25:50	28:18	28:55	24:35	19:25	15:49	04:30:42	H
236	109	Scheinleistungssportler II	24:55	14:43	26:43	31:38	23:29	21:12	29:50	32:10	29:07	21:35	15:39	04:31:01	H
346	110	Jedermannturnen TUS	26:01	12:28	50:00	16:52	23:19	25:45	30:12	30:09	14:52	27:42	14:04	04:31:24	HL
188	111	Mir Rennen Gern (MRG)	21:22	14:25	26:08	28:52	27:08	22:58	27:45	33:45	27:12	23:49	18:15	04:31:39	H

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			Freuden-berg	Pursruck	Weiber	Hirschau	Ehenfeld	Großschön-brunn	Ebersbach	Schönlind	Iber	Süß	Hahnbach			
207	112	Die 26.ste, The Oldies	22:33	19:19	30:49	28:45	25:30	24:14	####	29:30	26:35	19:17	16:33	04:31:55	HL	
29	113	CIS Amberg Damen 2	25:40	14:39	29:45	34:01	24:08	23:21	27:20	30:54	26:52	19:58	15:24	04:32:02	D	
186	114	SC "Brett'l-Breit" Theuern 1997	22:21	17:43	28:35	27:24	27:27	25:11	####	23:05	25:00	26:10	17:57	04:32:12	HL	
249	115	Zahn & Technik Runners	26:47	18:01	24:31	28:45	28:18	27:36	30:57	30:05	22:28	18:52	15:53	04:32:13	HL	
215	116	CVJM-Rosenberg Lauftreff	22:33	17:15	25:08	27:09	24:46	37:07	21:41	29:18	26:25	23:53	17:05	04:32:20	HL	
339	117	DJK Ensdorf 1 (Die jungen Wilden)	26:21	14:38	30:09	32:08	23:10	25:08	31:59	29:50	24:29	21:50	12:43	04:32:25	HL	
320	118	Amberger Werkzeugbau Running Team	25:53	13:22	27:07	30:26	22:45	25:11	29:27	31:40	26:56	24:53	14:50	04:32:30	H	
206	119	Dorfner Quarz-Antilopen	27:20	14:26	28:20	28:00	25:36	23:40	29:50	28:24	25:52	19:31	21:36	04:32:35	HL	
101	120	Landratsamt-Herren	23:05	16:31	32:14	30:55	24:50	22:02	28:32	32:28	27:01	20:02	15:00	04:32:40	HL	
242	121	Ärztlicher Kreisverband Amberg-Sulzbach	32:59	20:45	24:46	26:45	25:32	22:33	24:08	29:22	27:19	23:10	15:26	04:32:45	HL	
4	122	Lauftreff Neukirchen-Etzelwang	26:20	15:59	25:17	32:40	25:14	23:39	30:54	28:02	25:15	22:24	17:26	04:33:10	DL	
182	123	Ehenfelder Laufrausch	22:29	15:46	32:28	36:32	20:32	28:21	27:24	28:01	22:50	25:29	13:41	04:33:33	HL	
138	124	Powerful Monsters	31:02	18:47	30:22	30:49	23:12	24:52	26:50	24:05	23:54	24:56	14:52	04:33:41	HL	
239	125	LT St. Michael Amberg Sir 11,10	24:54	15:46	27:05	28:08	24:32	25:45	28:38	35:39	24:33	24:15	14:30	04:33:45	H	
266	126	Here for Beer	29:47	16:07	26:50	29:57	26:17	23:42	30:08	26:34	25:38	24:25	14:34	04:33:59	H	
382	127	Erasmus Gymnasium Amberg	23:01	14:19	####	35:35	29:09	26:50	####	26:58	30:47	22:16	14:02	04:34:03	H	
341	128	Städt. Wirtschaftsschule Amberg -	26:09	12:53	25:18	31:05	23:37	20:53	29:32	27:04	36:58	21:59	18:40	04:34:08	H	
204	129	Raiffeisenbank Sulzbach-Rosenberg eG	19:11	12:09	24:03	29:12	24:39	28:31	32:36	43:23	23:09	23:04	14:15	04:34:12	HL	
298	130	Fliegende Hochschule I	21:50	20:20	27:58	29:22	19:24	25:14	26:44	31:08	25:30	27:59	18:57	04:34:26	H	
128	131	SCMK Hirschau Jugend I	22:38	13:48	25:57	27:40	26:35	30:55	29:53	28:14	23:58	27:18	17:47	04:34:43	HL	
171	132	Stammtisch Englchen	21:42	13:15	35:12	32:06	27:43	24:52	29:47	26:31	26:37	19:45	18:18	04:35:48	H	
165	133	SGS Amberg 2	28:02	16:00	27:50	22:31	31:54	28:33	28:37	31:38	24:41	21:01	15:41	04:36:28	H	
282	134	FC Freihung I	25:18	20:26	30:13	28:44	22:06	26:25	30:15	32:23	20:40	23:29	16:33	04:36:32	HL	
264	135	Wild-Vaitl II - Die verruchten Buben	26:51	12:49	33:29	30:12	22:24	23:40	31:53	31:25	24:41	22:55	16:31	04:36:50	H	
267	136	Die rasenden Schildkröten	26:48	16:01	27:56	29:17	26:58	22:48	29:09	28:45	27:18	25:46	16:06	04:36:52	HL	
361	137	Dieter-Schwenke-Fans	25:44	14:14	26:11	28:50	24:03	25:02	30:02	31:44	25:42	24:10	21:20	04:37:02	HL	
225	138	UNO (United Nations Organisation)	25:41	16:38	27:48	31:24	24:15	22:24	31:12	32:27	21:01	24:40	19:51	04:37:21	H	
378	139	Inter Bergsteig Ringen	27:07	16:17	26:12	29:04	24:28	23:20	35:44	31:58	25:32	22:12	15:43	04:37:37	H	
196	140	Kulturverein Amberg e. V.	25:07	19:28	27:39	26:43	30:28	22:43	31:07	32:26	24:15	21:48	15:54	04:37:38	H	
178	141	Stammtisch Kuemmerling Oberreinbach	23:41	18:38	27:49	28:23	27:20	23:16	30:32	32:53	25:27	23:05	16:38	04:37:42	HL	
153	142	Endorphin-Junkies	33:45	15:28	27:40	28:43	22:59	24:39	32:42	33:48	23:56	20:34	13:39	04:37:53	H	
362	143	Laufen statt Saufen	29:41	16:45	24:58	32:56	22:59	24:31	32:30	30:22	22:21	23:21	17:36	04:38:00	HL	
296	144	Vilseck U. S. Army Health Clinic	26:24	16:48	28:29	31:21	24:32	24:46	26:10	31:16	28:36	23:40	16:27	04:38:29	HL	
199	145	Robokids	26:11	14:38	30:31	32:47	23:28	24:55	31:39	31:59	27:21	19:59	15:08	04:38:36	H	
155	146	Team Rohrwerk Maxhütte "Volles Rohr"	25:28	14:55	30:15	30:50	23:46	24:58	26:34	35:52	25:29	24:32	16:21	04:39:00	HL	
299	147	Fliegende Hochschule II	23:40	19:38	31:04	35:19	22:12	24:43	27:53	29:42	25:24	23:14	16:29	04:39:18	H	
7	148	SV Raigering "Panduren Power Frauen"	25:11	16:09	27:43	29:44	24:53	27:09	####	30:10	27:11	23:52	18:12	04:39:25	D	

25. Landkreislaf 16.05.2009 - Wechselzeiten

Nr.	Platz	Mannschaft	Wechselzeiten												Gesamt	Klasse
			Freuden-berg	Pursruck	Weiber	Hirschau	Ehenfeld	Großschön-brunn	Ebersbach	Schönlind	Iber	Süß	Hahnbach			
324	149	Skivereinigung Amberg III	23:24	14:53	29:03	29:36	26:34	25:09	28:39	37:52	25:52	24:34	13:57	04:39:33	H	
230	150	Limit Breaker	26:25	15:12	25:53	36:01	29:23	27:27	30:08	33:03	22:11	21:42	12:19	04:39:44	H	
222	151	Jura-Wohnstätten/Lebenshilfe AM-SUL	25:01	15:33	32:42	29:23	27:06	21:23	####	28:47	26:13	26:19	18:26	04:39:45	HL	
274	152	101 Jahre Spenglerei Scharl	22:50	15:02	29:42	26:47	27:39	19:35	35:19	36:33	24:25	27:02	15:02	04:39:56	HL	
40	153	Tennisschnecken	25:31	16:03	30:58	32:11	26:25	25:10	25:34	34:27	26:27	22:00	15:18	04:40:04	DL	
241	154	Average Joe's	28:59	16:58	26:16	31:57	26:58	23:04	28:40	27:48	26:53	25:23	17:19	04:40:15	H	
129	155	Laufende Keiler	26:29	16:29	28:07	29:13	26:16	25:00	30:37	34:03	26:00	22:14	15:54	04:40:22	H	
275	156	Ehenbachtaler Schützen Holzhammer	25:58	16:10	25:57	27:37	26:56	26:52	34:20	29:59	27:38	20:59	18:22	04:40:48	HL	
150	157	Leschn Hocker	25:55	18:26	28:11	29:02	27:23	23:13	26:40	34:17	27:30	22:48	17:39	04:41:04	HL	
229	158	SSV Paulsdorf 2	28:59	14:00	27:04	29:11	26:00	23:16	34:16	31:04	26:53	22:39	17:50	04:41:12	HL	
247	159	TV Sulzbach Lauftreff	22:34	15:06	24:30	32:41	24:07	23:34	33:43	30:41	30:14	22:50	21:22	04:41:22	HL	
240	160	LT St. Michael Amberg Sir 2,6	30:16	14:56	31:51	28:29	26:25	25:14	####	34:18	27:09	22:33	17:33	04:41:33	H	
342	161	Jugendfeuerwehr Etsdorf	25:56	16:17	27:57	27:40	27:37	29:03	####	28:08	33:57	25:48	14:02	04:41:55	HL	
328	162	SV Freudenberg III	28:53	19:27	29:41	32:55	23:54	27:20	26:46	28:49	25:03	21:35	18:24	04:42:47	HL	
380	163	MRG k12	24:42	16:42	30:34	25:39	25:24	24:14	26:25	32:36	30:18	26:29	19:49	04:42:52	H	
327	164	Gebenbach AH II	24:41	15:14	31:35	32:47	24:21	22:05	####	28:43	30:31	26:22	17:20	04:42:56	HL	
198	165	Ski Club Unterweißenbach II	26:30	14:40	26:18	31:51	27:41	30:20	26:55	34:23	25:45	21:57	16:40	04:43:00	HL	
183	166	Weihrauch statt Speed	27:54	14:37	30:06	28:59	24:50	18:57	30:36	41:07	29:14	20:00	16:41	04:43:01	H	
177	167	Bergziegen Oberpfalz	23:25	21:13	23:07	27:48	30:26	28:16	28:53	34:42	23:45	26:05	15:28	04:43:08	HL	
297	168	SKKR + med.ins	27:35	15:58	29:10	32:17	23:38	21:50	33:43	29:25	28:54	25:16	15:26	04:43:12	HL	
354	169	Komm schon - tu es!	26:22	14:49	27:58	35:17	24:02	27:01	28:46	34:28	23:18	23:27	18:07	04:43:35	HL	
147	170	Barfuß Tramps	27:17	17:45	27:48	26:49	25:08	27:19	30:47	31:45	27:20	24:03	17:39	04:43:40	HL	
175	171	Die Düsis	24:02	15:23	26:45	29:28	29:36	22:55	29:59	31:33	25:31	20:09	28:27	04:43:48	HL	
319	172	Sparkassenspitzenläufer	31:55	14:06	39:37	30:01	25:30	24:41	25:01	27:39	25:08	23:57	16:20	04:43:55	H	
194	173	Freibier Forstseih Iber III	24:24	17:24	29:56	31:13	26:13	26:46	####	37:48	24:23	25:34	16:12	04:43:57	HL	
262	174	SG Edelweiß Hohenkernath II	26:58	13:55	28:57	30:07	27:47	21:42	31:05	29:55	31:55	24:37	17:01	04:43:59	HL	
111	175	ASAMnet offline runners	26:44	16:03	29:36	29:33	22:51	26:03	29:04	27:51	35:30	22:03	18:49	04:44:07	H	
335	176	CIS Amberg 4	24:33	14:50	30:04	31:18	29:29	23:31	26:40	31:27	26:15	18:03	28:27	04:44:37	H	
367	177	baumann Robo Runners	24:37	15:28	33:22	27:09	25:12	24:50	29:14	34:07	25:57	23:54	20:58	04:44:48	H	
18	178	Hobbyläufer Ebermannsdorf Damen	27:49	17:15	27:55	31:32	25:41	25:38	32:15	30:45	26:20	23:25	16:33	04:45:08	DL	
201	179	Polizei Amberg II	27:19	15:44	31:29	32:25	21:55	24:49	34:25	32:57	25:40	23:32	15:58	04:46:13	H	
123	180	RSC Neukirchen III	24:20	14:36	28:05	30:29	33:15	22:40	28:03	34:10	28:32	25:57	16:14	04:46:21	HL	
34	181	ASV Schwend	27:55	14:01	25:53	34:54	25:13	23:38	####	34:00	29:58	24:05	18:26	04:46:29	DL	
21	182	Sulzbach-Rosenberger Lauf 11en	25:46	17:15	30:49	29:03	26:23	25:07	31:18	33:19	28:05	21:46	17:48	04:46:39	DL	
355	183	SGS global runners	24:54	16:39	25:41	32:34	24:03	24:14	32:44	40:21	27:03	24:04	14:38	04:46:55	H	
295	184	LG Berufsschule Sulzbach-Rosenberg	28:05	17:15	31:04	32:19	25:07	26:10	25:26	####	00:00	30:14	16:58	04:47:12	HL	
136	185	Die Anonymen Anaboliker	32:03	17:56	28:40	35:32	24:09	22:28	28:23	29:25	27:44	22:13	18:44	04:47:17	H	

25. Landkreislaf 16.05.2009 - Wechselzeiten

Nr.	Platz	Mannschaft	Wechselzeiten											Gesamt	Klasse
			Freuden-berg	Pursruck	Weiber	Hirschau	Ehenfeld	Großschön-brunn	Ebersbach	Schönlind	Iber	Süß	Hahnbach		
302	186	SCMK Hirschau Jugend II	25:39	16:51	28:25	29:52	24:06	27:22	31:45	34:00	29:40	23:16	17:01	04:47:57	HL
42	187	Skivereinigung Amberg Damen II	25:57	15:39	28:50	33:37	23:27	26:20	33:00	35:58	27:24	10:48	27:03	04:48:03	D
243	188	Hot Jogqolate	24:41	13:28	29:12	29:20	21:36	26:05	40:27	29:46	29:48	26:49	17:03	04:48:15	HL
180	189	ÜBERHOLVERBOT next generation	28:40	17:19	27:49	29:17	28:28	28:37	32:43	30:30	27:35	20:47	16:35	04:48:20	HL
135	190	Neukirchner Rennsemmeln	27:45	16:46	26:41	30:46	26:42	27:07	33:21	32:26	30:10	21:04	15:39	04:48:27	HL
271	191	Kampfkekse	31:08	15:55	26:45	28:38	27:49	27:49	30:05	35:11	####	32:17	16:18	04:48:35	H
272	192	Siemens Bihler Team	33:15	18:18	27:29	30:02	23:46	21:37	32:28	31:31	28:59	23:55	17:27	04:48:47	H
227	193	Die absoluten Beginner	26:52	13:29	28:49	35:26	26:48	20:10	34:55	30:15	28:56	25:45	17:33	04:48:58	HL
379	194	Schlag die Rauscher Buam	27:05	15:45	25:00	33:02	26:40	26:48	30:19	30:46	26:02	25:27	22:16	04:49:10	H
289	195	SV Illschwang 3	26:50	14:28	30:58	34:38	25:11	20:54	####	37:33	27:12	26:22	18:47	04:49:54	HL
321	196	LK Physik - HCA-Gymnasium	31:40	15:52	31:53	27:23	29:33	25:21	31:05	37:40	26:22	18:56	14:22	04:50:07	HL
377	197	Weihrauchjunkees	24:56	19:58	30:36	29:33	26:05	24:50	31:36	29:16	28:42	26:28	18:19	04:50:19	HL
151	198	DV zu Fuß	27:14	17:23	28:10	28:03	25:15	23:50	33:42	34:15	27:51	07:53	36:58	04:50:34	H
291	199	OTV-Betriebssportgruppe	24:54	16:24	25:22	33:45	24:37	20:24	35:10	35:19	30:25	25:30	18:47	04:50:37	H
284	200	Cafe-Schön Kilian	24:51	16:18	25:15	34:14	26:32	26:31	35:14	29:20	26:32	28:41	17:12	04:50:40	H
245	201	STRANDLÄUFER HIRSCHAU II	26:31	19:11	41:36	41:05	29:09	19:44	28:46	25:58	21:28	19:58	17:31	04:50:57	HL
372	202	MST Leichtmatrosen	26:06	19:55	28:39	31:14	26:52	29:44	30:39	32:02	25:47	21:36	18:24	04:50:58	HL
326	203	Gebenbach AH I	22:53	16:34	28:25	31:19	29:29	25:02	30:18	33:16	30:52	25:35	17:19	04:51:02	HL
248	204	Running 11	20:10	17:02	31:22	35:01	29:49	25:15	31:39	34:01	26:35	21:18	18:56	04:51:08	HL
163	205	Christian-August-Sprinter	22:35	16:25	30:11	33:17	26:10	22:58	29:11	32:38	####	22:21	19:30	04:51:12	HL
168	206	Pusca Bavaria	21:33	16:04	26:04	32:49	27:26	25:51	43:24	24:36	28:00	25:18	18:24	04:51:18	H
331	207	Balance-Wellness-Fitness-Squash II	30:03	15:19	30:45	30:44	33:08	21:35	33:26	28:17	29:23	23:00	16:02	04:51:42	H
365	208	Fit 24 Amberg	26:07	16:57	29:35	24:46	27:06	27:08	54:25	13:30	31:50	24:41	16:07	04:52:12	H
132	209	SV Hahnbach III - Chicken River Runners	25:42	18:12	25:49	31:41	28:40	28:15	####	43:08	27:30	21:38	19:57	04:52:13	HL
363	210	Kolping-Bildungswerk Amberg-Sulzbach	28:03	17:22	25:50	38:18	21:35	26:52	####	34:50	28:43	30:27	18:22	04:52:22	HL
370	211	Carefrees Hohenburg	28:58	16:10	28:39	39:13	26:44	22:31	31:02	32:00	23:08	25:41	18:27	04:52:33	HL
193	212	Freibier Forstseih Iber II	25:05	20:51	29:32	28:37	23:38	20:57	####	43:54	24:52	22:45	21:07	04:52:38	HL
173	213	DAV-Sektion Sulzbach-Rosenberg II	26:17	15:57	29:24	32:15	27:00	25:32	31:02	36:35	30:28	22:51	15:19	04:52:40	HL
278	214	ASV Schwend III	27:26	16:14	30:10	32:13	30:07	25:05	31:25	33:15	22:45	26:44	17:35	04:52:59	HL
19	215	Die Brandsohlen	27:03	15:30	31:06	33:21	30:43	25:05	32:28	32:22	25:09	23:17	17:06	04:53:10	D
3	216	Lauftreff SV Poppenricht Damen II	26:53	15:49	28:22	34:53	26:02	26:10	31:06	34:42	28:08	25:33	15:46	04:53:24	DL
112	217	SV Hahnbach VI - D'Feier Flitzer	27:00	14:42	27:34	27:57	26:17	24:55	31:23	33:39	35:40	26:16	18:13	04:53:36	HL
257	218	Knochenbrecher Klinikum St. Marien	26:12	18:38	24:15	29:44	25:58	27:25	32:34	32:11	28:53	27:35	20:15	04:53:40	H
250	219	EWA Elektroexpress	29:52	17:45	29:02	32:56	24:28	25:52	27:49	31:18	31:02	25:07	18:34	04:53:45	H
140	220	Herzog-Christian-August-Gymnasium II	26:46	18:54	27:13	33:30	29:49	28:03	25:35	29:20	30:40	26:28	17:32	04:53:50	HL
253	221	MAV-Panther	28:03	16:35	29:28	28:31	24:42	31:01	28:43	24:47	44:35	14:44	22:44	04:53:53	HL
38	222	SV Illschwang "Fit nach acht"	27:34	15:55	29:51	31:03	27:17	25:34	32:02	37:02	27:52	23:09	17:10	04:54:29	DL

25. Landkreislaf 16.05.2009 - Wechselzeiten

Nr.	Platz	Mannschaft	Wechselzeiten												Gesamt	Klasse
			Freuden-berg	Pursruck	Weiber	Hirschau	Ehenfeld	Großschön-brunn	Ebersbach	Schönlind	Iber	Süß	Hahnbach			
366	223	Mimbach-Mausdorf Sprinters	26:07	17:16	27:29	30:29	28:41	23:04	28:04	36:48	29:01	29:00	19:05	04:55:04	HL	
187	224	DJK Ammerthal Jugendtrainer	27:19	14:13	31:16	32:12	25:57	25:43	35:10	30:28	32:41	24:06	16:04	04:55:09	HL	
145	225	Schnelle Flossen	23:07	14:03	29:48	32:30	28:06	27:35	34:50	37:45	23:26	25:14	18:48	04:55:12	H	
221	226	Turbo Walker's	26:03	18:11	28:28	35:17	33:51	24:06	30:42	33:12	26:19	22:08	17:02	04:55:19	H	
356	227	Hauptschule Auerbach	27:33	18:18	####	04:05	30:57	22:13	19:30	34:02	22:33	22:05	20:04	04:55:29	HL	
336	228	Wir sind Kult	28:36	18:34	30:02	28:13	22:22	28:58	####	39:03	29:17	29:20	18:00	04:55:40	H	
179	229	ÜBERHOLVERBOT	28:12	16:58	27:17	31:45	29:19	27:11	32:20	34:41	25:10	25:56	17:03	04:55:52	HL	
329	230	D'Speckbachpelzer	22:02	13:18	34:49	31:51	24:56	22:39	29:54	35:28	26:15	35:13	19:39	04:56:04	HL	
330	231	Balance-Wellness-Fitness-Squash I	30:11	18:08	24:42	24:22	26:05	21:54	40:18	28:35	33:53	34:00	13:58	04:56:06	H	
154	232	Tutsch GmbH	33:02	18:16	36:14	28:13	28:12	28:16	27:26	32:59	26:55	23:21	13:13	04:56:07	H	
234	233	SV Hahnbach VII - Chicken River Runners	25:45	19:13	30:25	39:02	24:00	25:23	13:32	52:25	29:26	22:35	14:22	04:56:08	HL	
359	234	DG Luppersricht	30:30	16:29	31:09	31:35	30:14	25:24	35:20	30:09	24:48	35:21	06:14	04:57:13	HL	
352	235	Eishalle Amberg	27:35	17:55	35:02	29:18	25:38	26:52	34:50	33:40	52:05	####	16:20	04:58:24	H	
369	236	Jedermannturnen 2	27:18	15:16	26:57	30:49	29:10	24:50	34:23	36:26	32:22	24:24	16:40	04:58:35	HL	
209	237	Vilseck Roadrunners	33:01	17:58	27:49	30:58	29:35	14:59	42:33	27:54	27:58	28:03	18:51	04:59:39	HL	
332	238	CSV-Mixed-Team	30:15	18:03	27:58	38:02	31:32	24:57	32:00	46:41	11:07	25:10	14:05	04:59:50	HL	
31	239	Edelweiß Damen Hohenkernath	26:49	17:36	30:15	39:10	25:43	25:29	31:30	35:08	27:53	21:23	19:04	05:00:00	DL	
357	240	Wassewacht Hahnbach-Amberg	25:02	16:20	27:52	30:37	31:42	28:44	28:31	43:19	28:47	22:31	16:45	05:00:10	HL	
134	241	SV Hahnbach V - Freitag Stammtisch	25:04	15:49	30:55	32:40	27:53	29:44	32:25	36:22	28:26	22:19	18:39	05:00:16	HL	
237	242	Amberger Rennbrezen	28:17	17:39	27:55	33:51	24:11	24:27	35:32	35:34	27:42	24:18	21:04	05:00:30	H	
281	243	Bushido Amberg	23:32	16:17	29:12	32:43	58:50	24:31	####	58:17	24:28	24:14	13:39	05:00:38	H	
10	244	DJK Damen Anna-Gruppe	25:41	18:23	32:05	32:13	25:43	26:19	31:11	34:53	29:05	26:07	19:07	05:00:47	DL	
347	245	TTC KF Hirschau	30:05	16:35	29:07	35:35	24:55	25:09	30:40	33:00	12:46	42:41	20:23	05:00:56	HL	
376	246	Klinikum St. Marien - Die Internisten	25:56	19:42	32:04	31:03	26:17	28:03	30:07	31:22	30:59	26:10	19:25	05:01:08	H	
48	247	Chaoschwestern	29:12	16:35	31:20	30:05	26:38	25:07	29:52	38:13	30:29	26:52	17:02	05:01:25	DL	
279	248	SF Ursulapoppenricht	22:30	####	04:23	39:16	24:37	29:11	30:59	32:31	28:27	35:16	17:08	05:01:48	HL	
314	249	Städt. Wirtschaftsschule Amberg – 8c	31:03	18:43	30:21	41:47	27:45	20:16	30:37	37:33	24:17	23:30	16:10	05:02:02	H	
309	250	Städt. Wirtschaftsschule Amberg – 9a	26:59	20:25	34:12	30:28	####	45:07	37:32	31:36	30:13	21:51	15:59	05:02:18	H	
39	251	Vilstalfitzer	28:42	16:00	27:58	30:30	29:43	30:04	30:16	36:27	31:14	22:09	19:35	05:02:38	DL	
158	252	Syskomp Lauf-Team	30:51	16:43	27:06	40:08	27:21	23:21	33:53	37:34	23:42	27:10	15:13	05:03:02	H	
6	253	Ersatzteillager Paulsdorf	28:21	16:02	31:00	36:01	27:07	25:29	33:17	34:11	28:36	27:08	16:40	05:03:52	DL	
14	254	FCG Aerobic & Co.	28:01	18:23	29:23	31:26	28:07	28:45	32:11	35:39	27:18	24:59	19:45	05:03:57	DL	
15	255	Riedener Lüftl	29:51	17:08	30:01	29:52	28:12	29:03	36:43	08:10	55:12	23:45	16:08	05:04:05	DL	
33	256	DJK Ensdorf Damen	30:52	14:15	32:15	33:22	25:37	26:00	35:33	33:26	33:01	22:32	17:14	05:04:07	DL	
13	257	SV Hahnbach Damen II	28:34	17:21	29:38	33:07	28:22	24:18	34:46	33:49	29:57	24:14	20:04	05:04:10	DL	
224	258	Die Formgebenden	24:32	18:12	33:06	35:16	24:17	35:40	29:43	38:41	24:56	22:01	17:58	05:04:22	H	
9	259	LSG Edelsfeld II	26:13	17:34	30:16	36:50	28:47	26:53	36:21	32:04	28:22	24:58	16:11	05:04:29	DL	

25. Landkreislaf 16.05.2009 - Wechselzeiten

Nr.	Platz	Mannschaft	Wechselzeiten												Gesamt	Klasse
			Freuden-berg	Pursruck	Weiber	Hirschau	Ehenfeld	Großschön-brunn	Ebersbach	Schönlind	Iber	Süß	Hahnbach			
185	260	Flasche-Leer-Team	30:00	19:24	25:40	34:02	26:54	21:33	34:38	####	27:38	26:48	20:59	05:04:36	H	
170	261	Stadtwerke Amberg	25:54	19:38	29:06	37:23	26:51	22:14	42:22	36:07	22:35	28:39	14:30	05:05:19	H	
373	262	Help ME	26:46	20:08	28:06	36:05	24:55	31:13	36:23	38:08	29:33	20:25	14:12	05:05:54	H	
141	263	Herzog-Christian-August-Gymnasium III	25:03	19:03	41:05	27:20	21:55	30:14	35:50	35:41	28:56	24:54	16:52	05:06:53	HL	
381	264	Kerb-Konus-Gewindeflitzer II	28:57	21:18	16:50	52:33	25:13	26:00	36:05	28:55	29:09	25:05	17:20	05:07:25	H	
301	265	Revital Fitness- und Gesundheitszentrum II	31:05	20:05	36:42	41:06	25:38	26:59	34:23	31:12	26:50	19:17	15:13	05:08:30	H	
44	266	SV 08 Auerbach Damen	28:10	16:33	32:08	37:54	29:29	25:18	27:49	29:12	32:22	29:34	20:41	05:09:10	DL	
24	267	Just for Fun Ebermannsdorf I	30:50	18:14	34:26	33:49	27:25	25:05	33:36	37:28	26:43	27:06	14:38	05:09:20	DL	
203	268	Autohaus Schwarzkopf	30:02	19:21	27:40	32:22	33:46	25:10	####	51:45	31:00	33:08	13:32	05:09:25	H	
213	269	Endstation Froschweiher	30:36	19:07	30:59	34:30	23:54	29:15	30:02	34:10	30:37	28:07	18:28	05:09:45	H	
149	270	Meier Running Team	32:56	20:39	28:30	36:19	29:48	21:16	####	54:37	28:01	26:27	20:43	05:09:48	H	
259	271	Autofit Schmidt	24:58	16:54	33:50	20:58	37:52	####	33:27	40:41	32:06	29:33	18:03	05:10:42	H	
246	272	Ab-Stauber	28:30	19:28	26:35	36:29	28:30	27:58	32:42	38:03	27:37	27:00	18:42	05:11:34	HL	
349	273	Gregor-Mendel-Gymnasium II	30:19	17:19	26:22	33:27	24:05	34:02	31:12	37:24	####	06:54	17:55	05:11:51	H	
116	274	Bochschnouk'n Pruihausen	32:02	19:03	34:08	34:01	27:54	25:15	32:25	32:28	26:14	28:29	19:54	05:11:53	HL	
30	275	CIS Amberg Damen 3	32:12	16:44	28:56	33:21	29:36	24:24	41:13	34:02	27:00	27:57	16:30	05:11:55	D	
364	276	KSJ-Amberg	43:05	19:13	31:50	27:37	25:12	24:25	####	58:03	29:22	24:16	20:53	05:12:34	H	
47	277	Schwepperrenner Pfaffenhofen Damer	31:28	17:32	30:42	34:33	30:45	22:50	31:37	33:47	35:32	24:58	19:08	05:12:52	DL	
304	278	Städt. Wirtschaftsschule Amberg – 10b	27:09	19:24	25:56	34:41	35:15	27:53	30:20	38:01	30:11	28:19	16:25	05:13:34	H	
350	279	SVL Mix Team	31:01	20:59	34:12	29:19	27:03	29:31	30:33	30:05	32:34	29:13	19:18	05:13:48	HL	
303	280	Städt. Wirtschaftsschule Amberg – 10a	29:13	20:58	27:07	29:32	24:47	28:31	32:27	40:02	34:01	27:24	20:01	05:14:03	H	
36	281	TV Laufftreff - Krampfadernschwader	32:32	16:21	32:49	37:28	30:12	25:58	34:24	30:54	27:40	28:14	17:43	05:14:15	DL	
174	282	in Formlos	26:26	16:26	32:48	33:47	38:17	23:56	38:42	29:15	31:43	27:34	15:43	05:14:37	HL	
20	283	DAV-Sektion Sulzbach-Rosenberg	28:06	17:21	28:27	37:02	27:45	29:49	32:10	36:01	32:09	29:39	16:29	05:14:58	DL	
22	284	Schneckenflitzer	32:28	19:59	29:47	35:19	29:58	28:45	34:44	33:24	29:41	24:18	18:47	05:17:10	DL	
337	285	Grammer Rail Sprinter	30:30	13:48	23:11	31:05	58:52	26:36	29:54	30:44	29:50	26:39	16:19	05:17:28	H	
17	286	Rosenberger Schischlawinen	33:38	18:57	34:10	36:25	26:30	29:05	32:52	36:03	30:58	24:56	14:50	05:18:24	DL	
318	287	Reit- und Fahrverein Hahnbach	26:47	17:05	35:34	32:08	29:25	31:37	33:19	43:30	25:53	26:09	18:12	05:19:39	HL	
26	288	SV Kemnath a. B. Can - Can Mädels	26:19	17:08	34:51	38:28	30:14	26:48	33:13	33:41	35:40	25:42	17:45	05:19:49	DL	
202	289	Freie Christliche Gemeinde	29:53	19:24	34:10	31:06	27:35	28:20	33:43	41:09	27:12	30:00	17:19	05:19:51	H	
338	290	Die Bier-Athleten	33:47	24:58	32:54	35:48	24:34	27:29	####	36:35	26:46	24:42	18:02	05:21:00	HL	
220	291	Caritas-Aktiv-Team	32:10	16:48	37:29	37:18	31:22	24:23	####	38:29	27:14	22:48	16:01	05:22:06	H	
268	292	Mixed Tour Starpower	29:44	18:25	42:04	30:59	27:41	26:37	36:45	34:52	30:28	26:06	19:09	05:22:50	H	
312	293	Städt. Wirtschaftsschule Amberg – Ex-10a	25:19	19:47	30:07	31:16	27:43	27:59	####	02:08	28:17	32:35	20:23	05:23:23	H	
310	294	Städt. Wirtschaftsschule Amberg – 9b/d	29:10	16:50	34:05	43:10	33:11	29:19	28:44	28:46	35:37	28:48	16:51	05:24:31	H	
1	295	Landratsamt Damen	31:25	19:49	33:30	37:46	32:32	25:53	33:39	37:41	30:22	24:43	24:34	05:24:34	DL	
306	296	Städt. Wirtschaftsschule Amberg – 11a	25:14	17:56	35:54	32:36	27:35	30:05	32:50	03:27	07:56	28:38	22:39	05:24:50	H	
46	297	SV Illschwang "Fit nach acht 2"	30:53	19:14	35:20	35:47	32:20	27:12	32:28	37:27	29:34	25:33	19:11	05:24:59	DL	
353	298	Die beschleunigten Massen	####	47:08	33:49	38:20	27:48	28:05	32:20	09:20	41:14	49:56	17:08	05:25:08	HL	

25. Landkreislaf 16.05.2009 - Wechselzeiten

Nr.	Platz	Mannschaft	Wechselzeiten												Gesamt	Klasse
			Freuden-berg	Pursruck	Weiber	Hirschau	Ehenfeld	Großschön-brunn	Ebersbach	Schönlind	Iber	Süß	Hahnbach			
351	299	Verfolgungswahn	####	54:10	37:49	41:18	24:11	28:02	34:34	33:35	06:16	46:30	18:48	05:25:13	H	
190	300	TV Squasher	23:22	18:50	27:45	31:56	####	09:16	31:18	27:16	31:50	28:30	17:09	05:25:19	HL	
256	301	Kakerlaken Team	30:35	18:59	31:33	49:24	32:21	25:52	28:00	32:34	31:38	####	15:29	05:25:41	H	
105	302	Die GANS Langsamen	30:08	18:36	31:57	34:01	27:13	28:13	33:42	42:13	31:52	30:01	17:58	05:25:54	H	
32	303	Mini-Mäuse Mendorferbuch	29:40	19:22	30:21	30:38	26:37	30:42	41:57	40:24	33:29	26:03	17:38	05:26:51	DL	
307	304	Städt. Wirtschaftsschule Amberg – 11b	32:50	20:28	39:54	31:17	35:03	36:18	09:53	45:59	23:28	31:09	21:09	05:27:28	H	
43	305	Athletica Café Klostermann	32:31	16:56	30:02	39:22	31:18	29:39	33:37	39:08	29:19	28:41	16:56	05:27:29	D	
315	306	Städt. Wirtschaftsschule Amberg – 7b	32:34	20:46	38:18	33:41	30:20	26:47	36:24	34:35	26:55	27:47	21:23	05:29:30	H	
219	307	Traßlberger Kirwaleit II	27:23	18:12	28:43	33:53	39:29	34:46	34:36	32:28	34:05	27:43	18:37	05:29:55	HL	
27	308	SGS Glück's Athleten	35:30	18:42	37:41	38:39	27:27	24:16	36:55	36:44	30:56	25:32	17:47	05:30:09	D	
226	309	SV Hahnbach VIII - Die Hahnbacher	36:18	23:35	33:01	36:12	25:25	25:40	32:52	40:19	31:22	23:03	22:22	05:30:09	HL	
371	310	Hot Dogs Gailoh	28:23	14:52	33:17	38:44	35:56	27:53	39:11	36:20	28:01	30:36	18:51	05:32:04	H	
308	311	Städt. Wirtschaftsschule Amberg –	32:50	17:15	40:35	22:41	27:22	27:33	29:58	27:54	30:50	27:49	17:59	05:32:46	H	
263	312	Wäschethek'n Lauftreff	37:43	18:05	31:00	37:07	28:51	29:30	36:35	30:29	25:39	29:47	28:27	05:33:13	H	
195	313	tenn runner	29:30	20:00	40:48	34:30	27:56	28:54	####	14:43	36:21	25:44	19:23	05:36:11	HL	
325	314	Skivereinigung Amberg IV	27:47	####	26:35	41:19	32:27	30:04	26:40	38:44	32:59	28:14	20:46	05:37:48	H	
313	315	Städt. Wirtschaftsschule Amberg – 10d/e	32:20	16:13	33:18	40:55	32:25	12:49	30:34	44:59	30:23	19:16	45:28	05:38:40	H	
316	316	Städt. Wirtschaftsschule Amberg – 7c	31:12	16:55	36:16	36:08	31:09	30:17	34:03	39:23	####	23:17	16:52	05:40:09	H	
37	317	SV Hahnbach Damen III	32:54	19:46	29:30	37:41	30:26	25:58	40:12	54:23	32:26	23:19	20:27	05:47:02	DL	
23	318	Shopping Queens	31:35	18:06	46:15	37:42	30:10	27:23	36:30	41:02	32:05	27:10	19:30	05:47:28	D	
340	319	Städt. Wirtschaftsschule Amberg - 8 a/b/c	31:09	20:11	32:08	33:14	30:27	15:51	37:58	02:00	18:22	23:47	43:42	05:48:49	H	
25	320	Just for Fun Ebermannsdorf II	31:04	18:02	35:16	39:20	31:55	29:57	35:32	37:34	41:36	30:32	18:36	05:49:24	DL	
317	321	Städt. Wirtschaftsschule Amberg – 7a	35:08	19:40	37:48	40:23	31:13	28:07	40:58	39:17	33:48	25:42	18:01	05:50:05	H	
311	322	Städt. Wirtschaftsschule Amberg – 10a/9c	29:54	20:59	40:17	27:10	32:16	37:37	40:25	37:19	40:07	34:49	17:23	05:58:16	H	
35	323	Fliegende Schnürsenkel	37:27	12:58	41:49	38:43	31:28	33:15	46:06	43:52	30:14	29:13	22:10	06:07:15	D	
45	324	Lauteracher Laufkäfer	####	51:43	34:41	41:07	33:49	32:34	####	36:21	37:24	30:44	34:31	06:19:00	DL	