

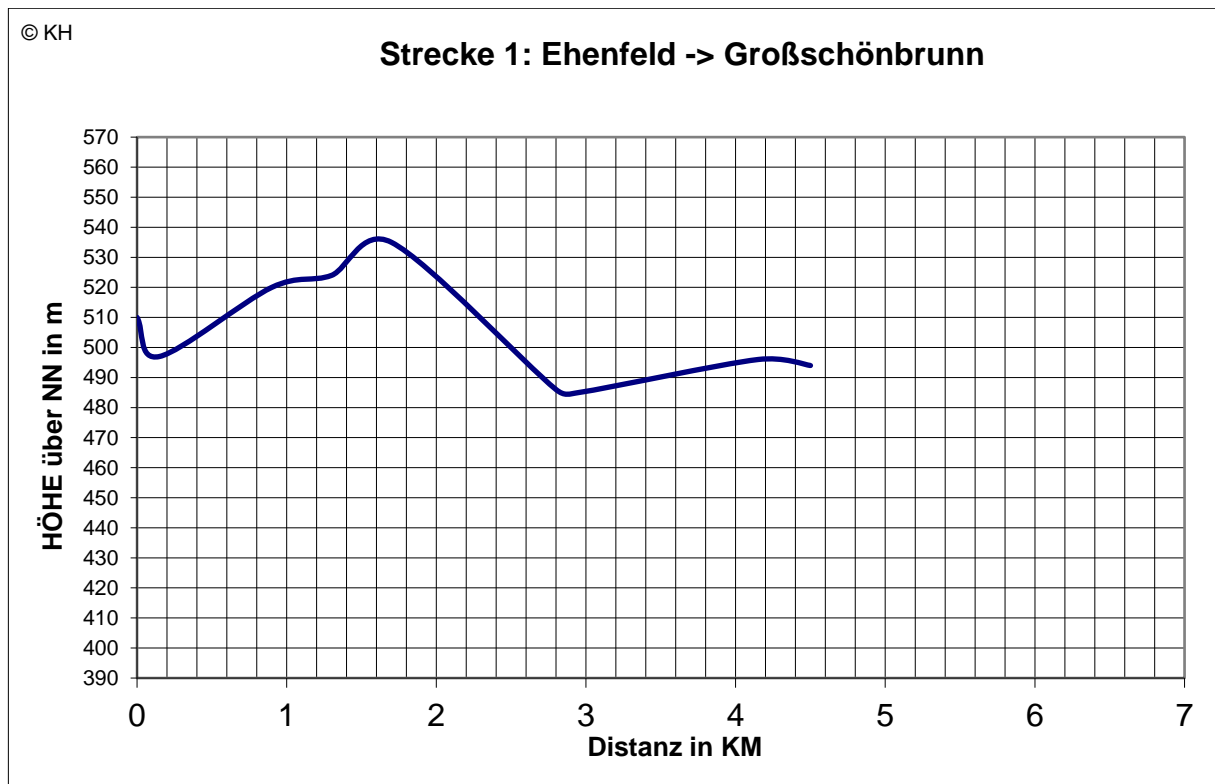
# 37. Landkreislaf 2023

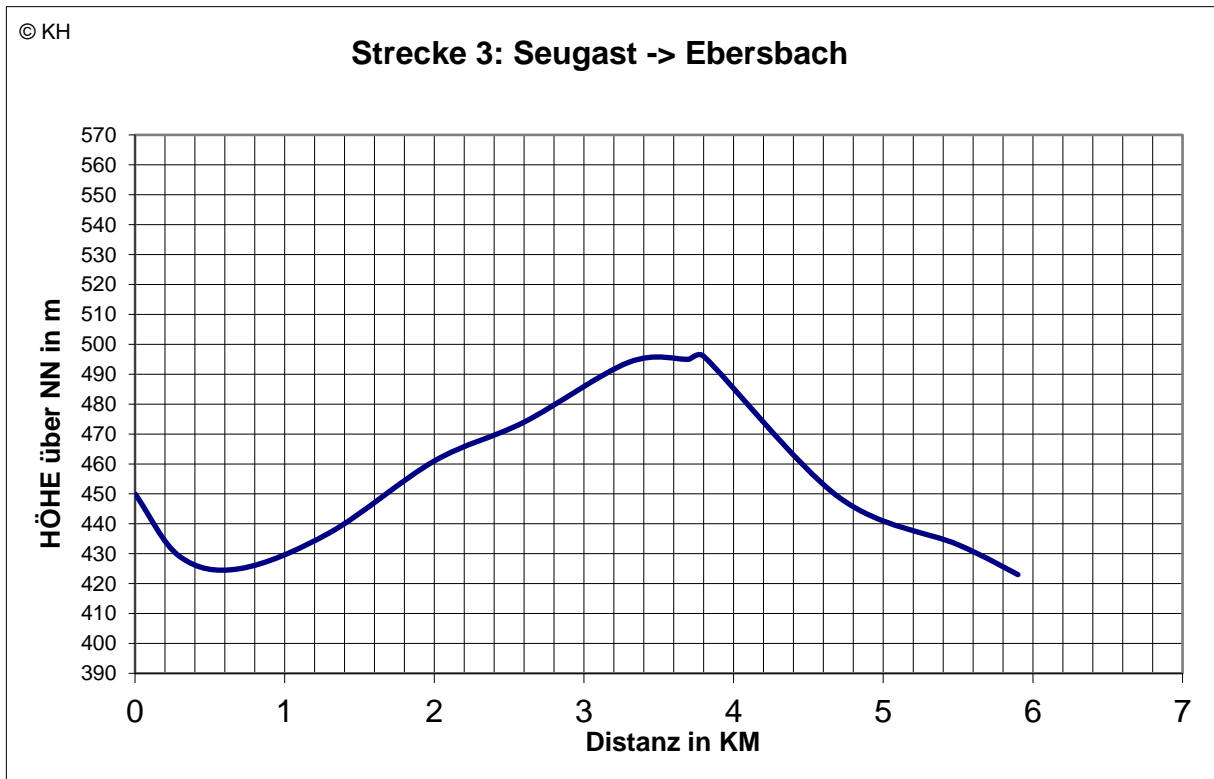
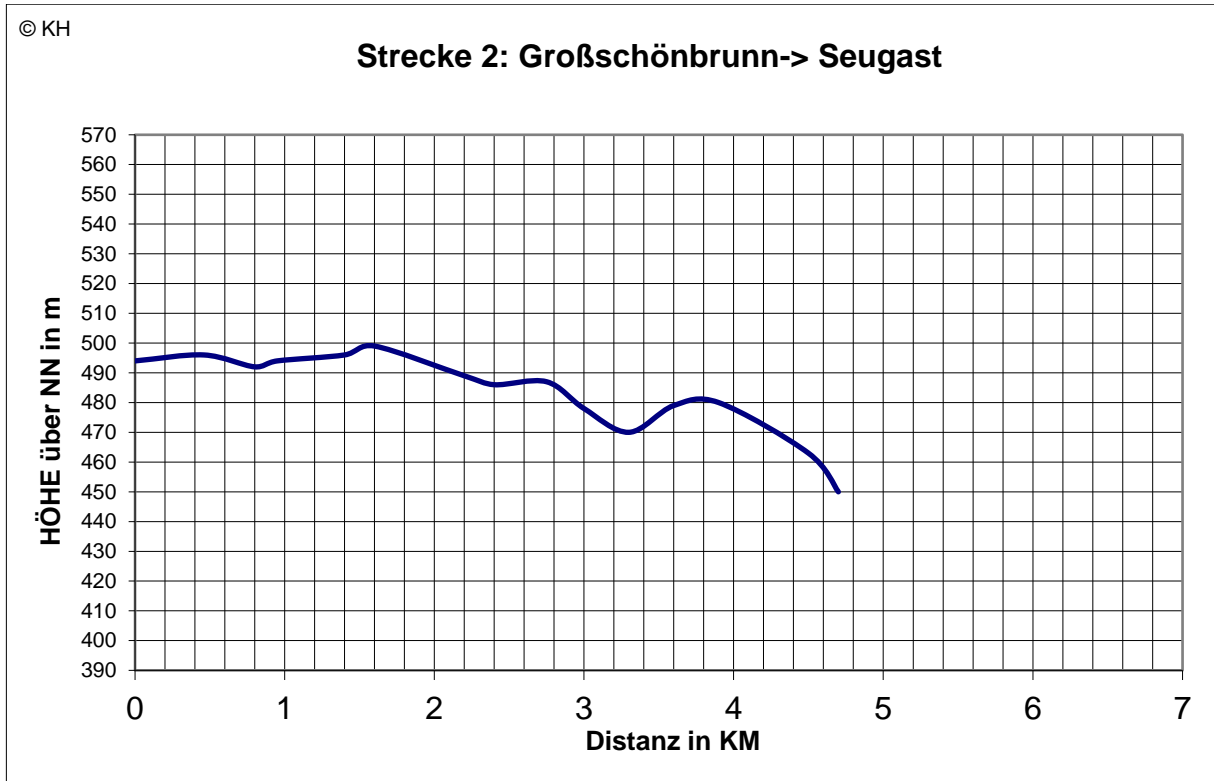
Ehenfeld – Kirchenreinbach

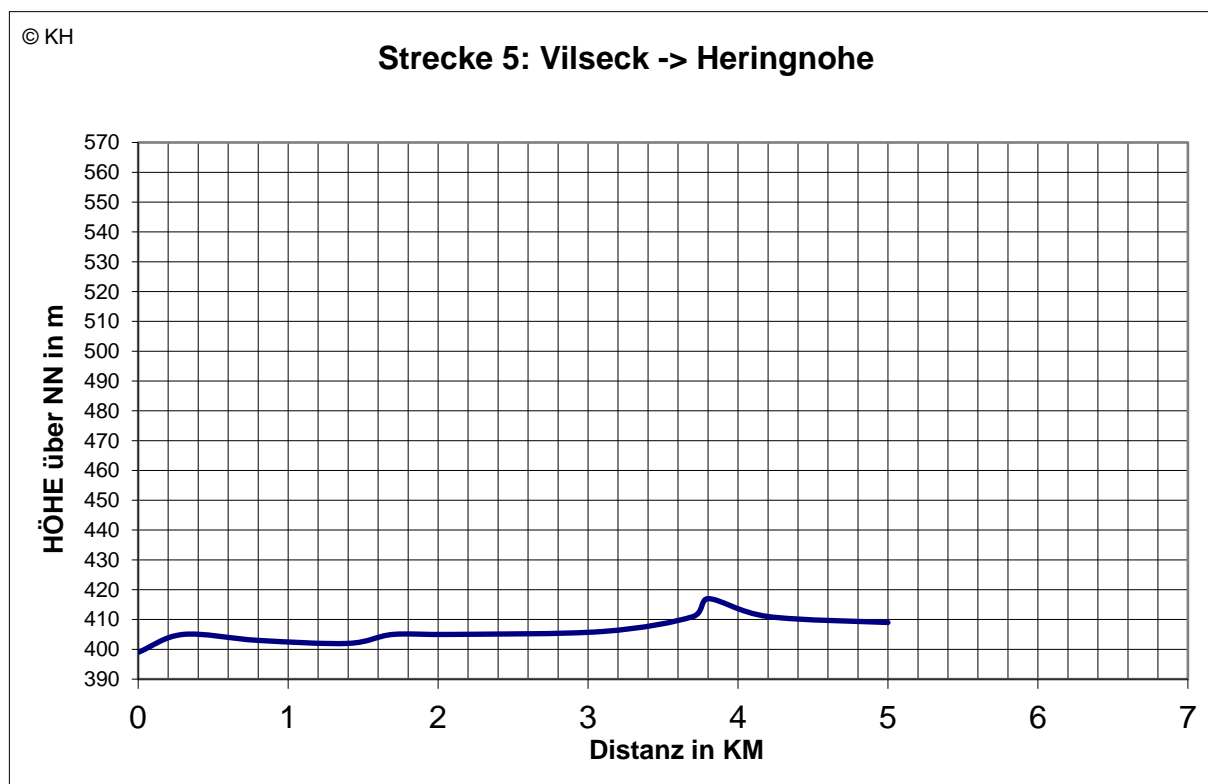
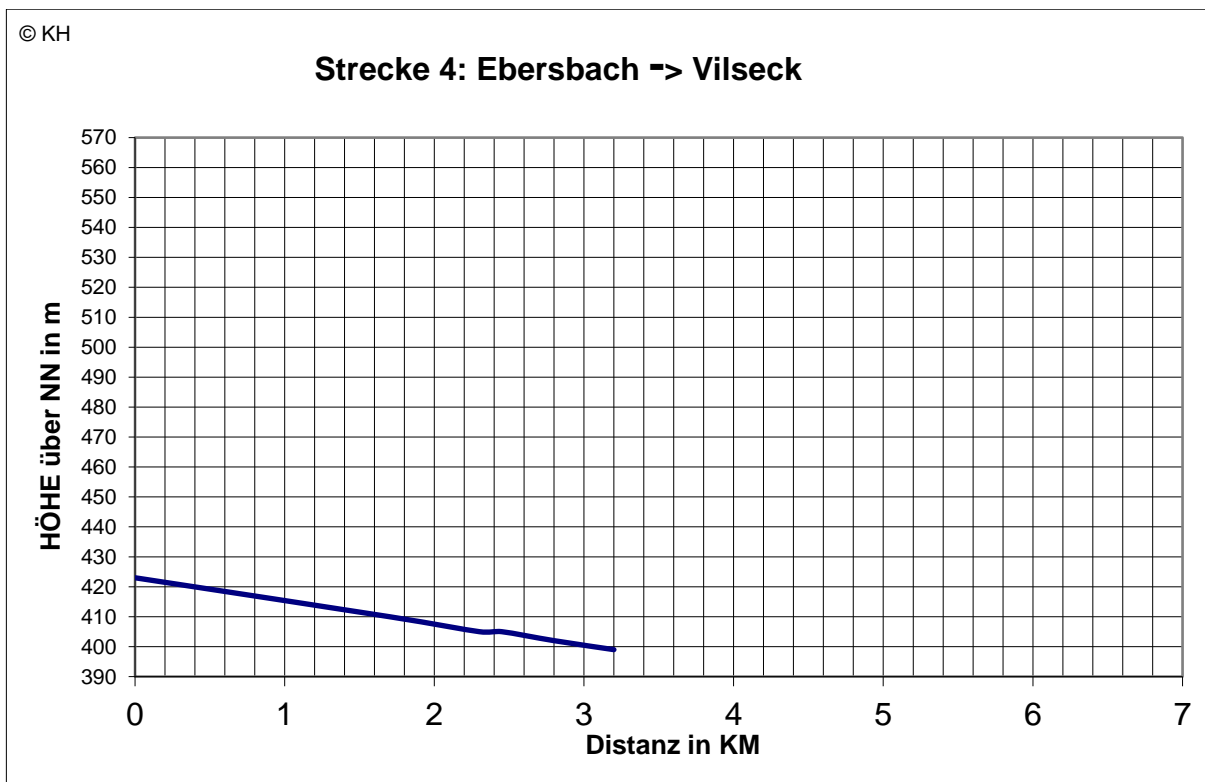
am 13. Mai 2023

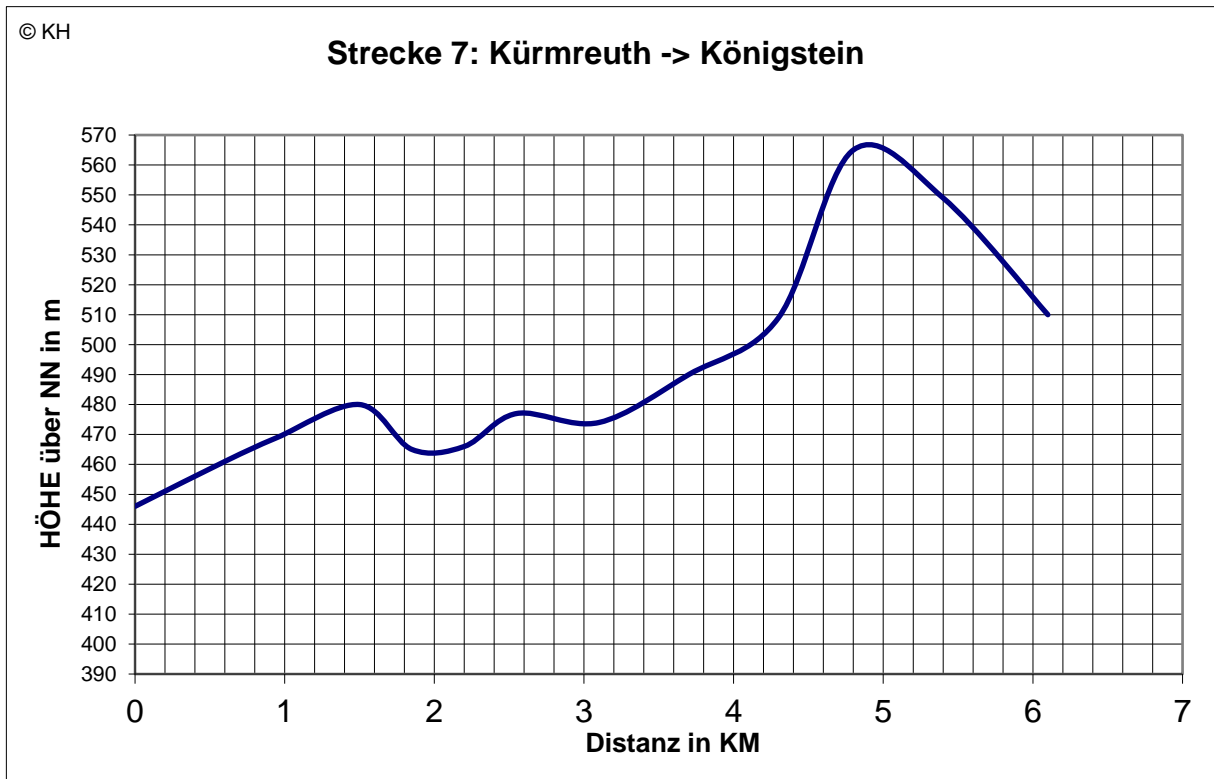
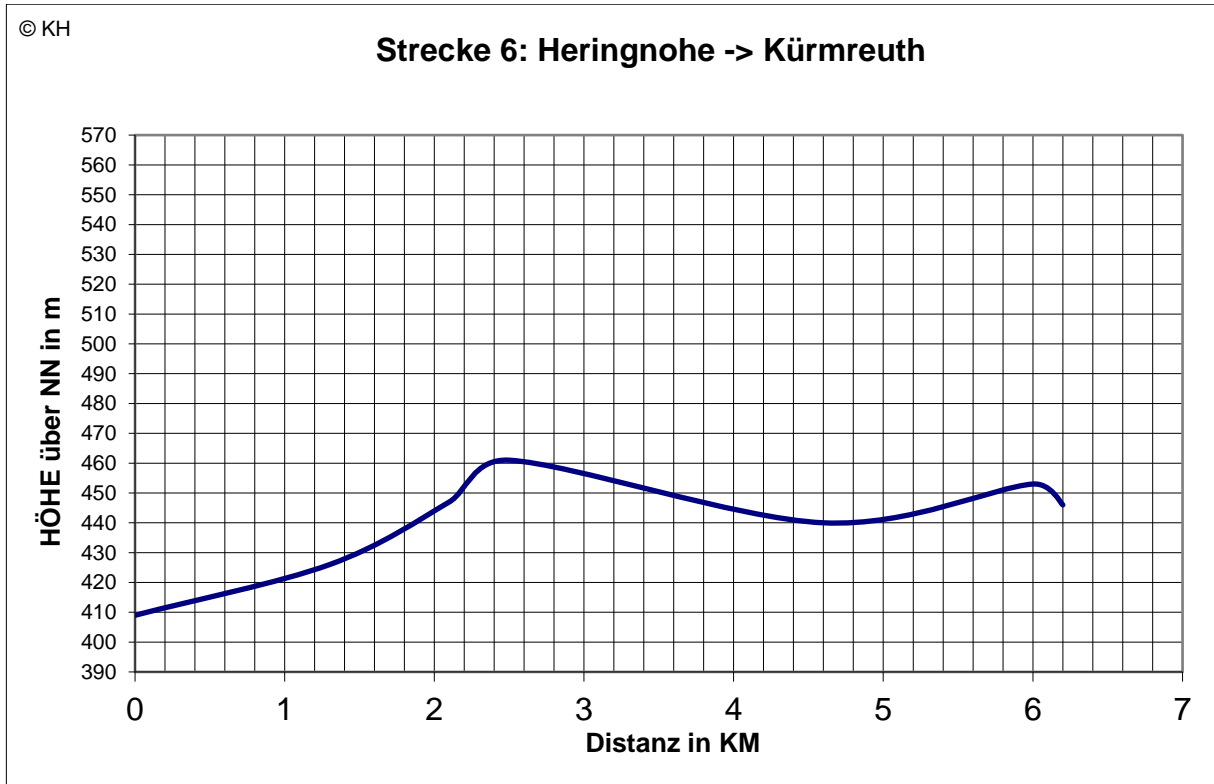


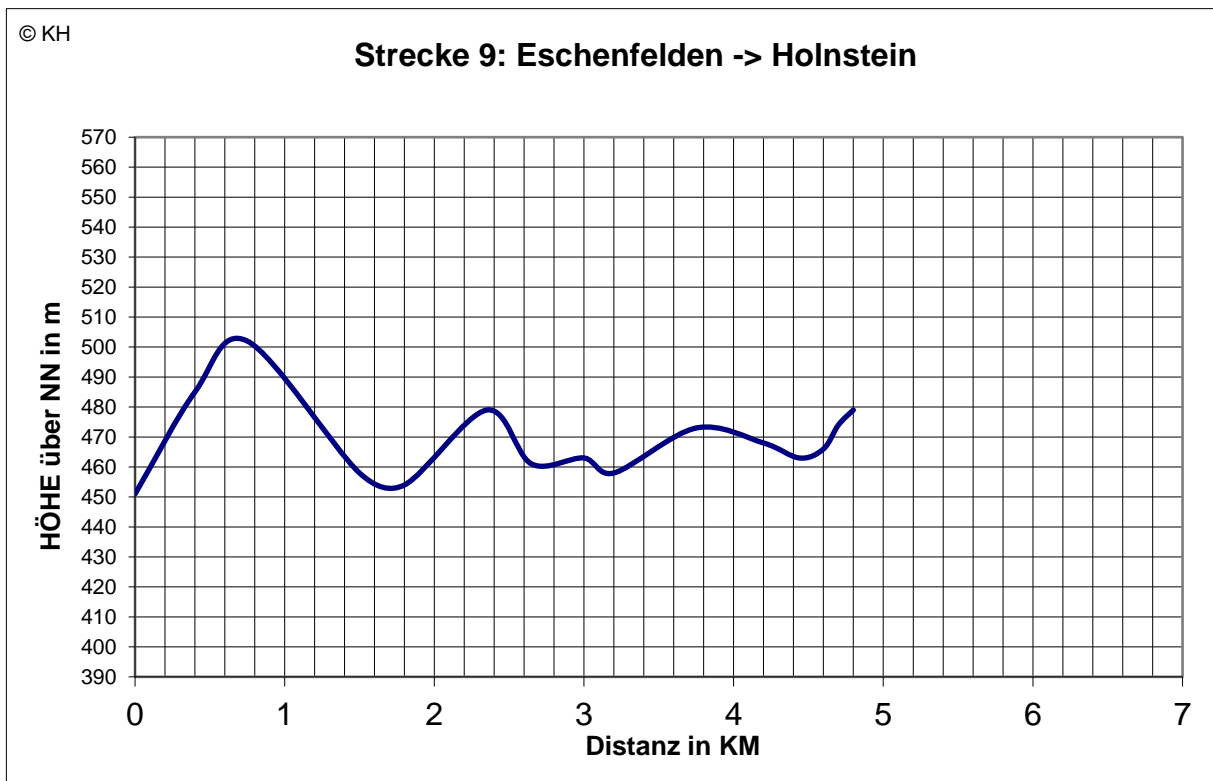
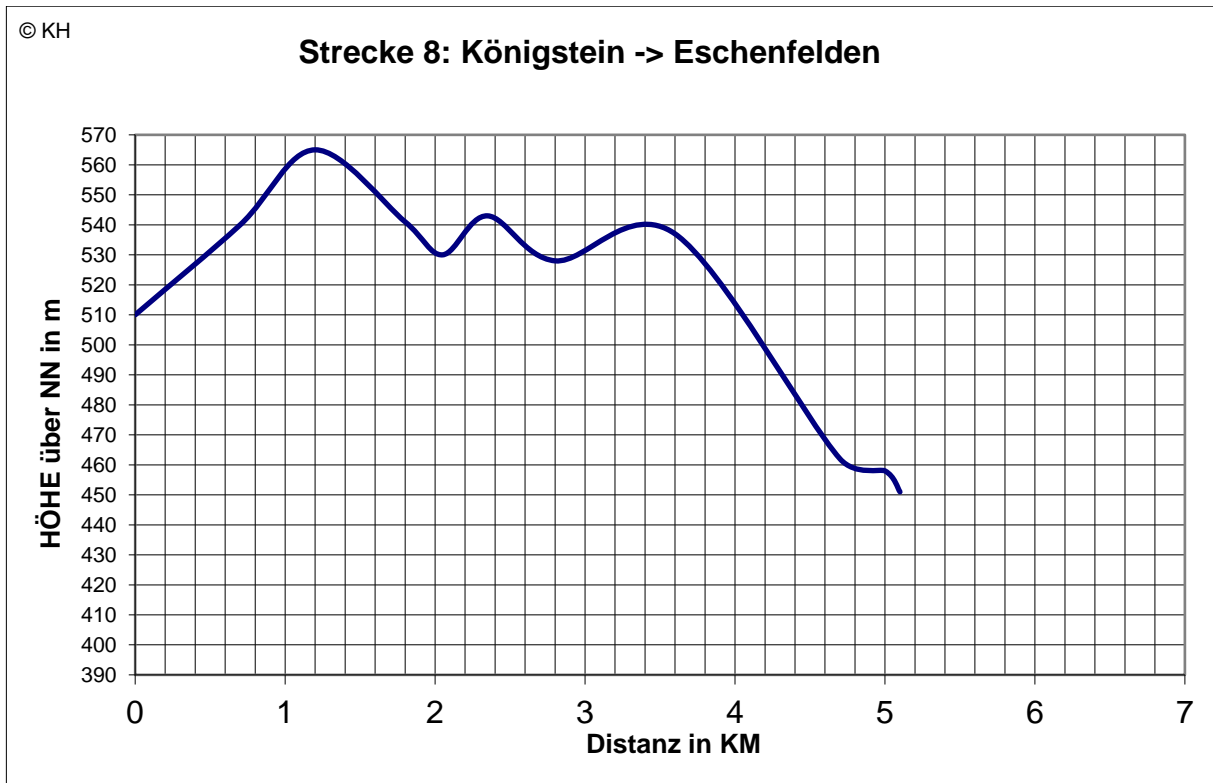
## Höhenprofile der einzelnen Etappen

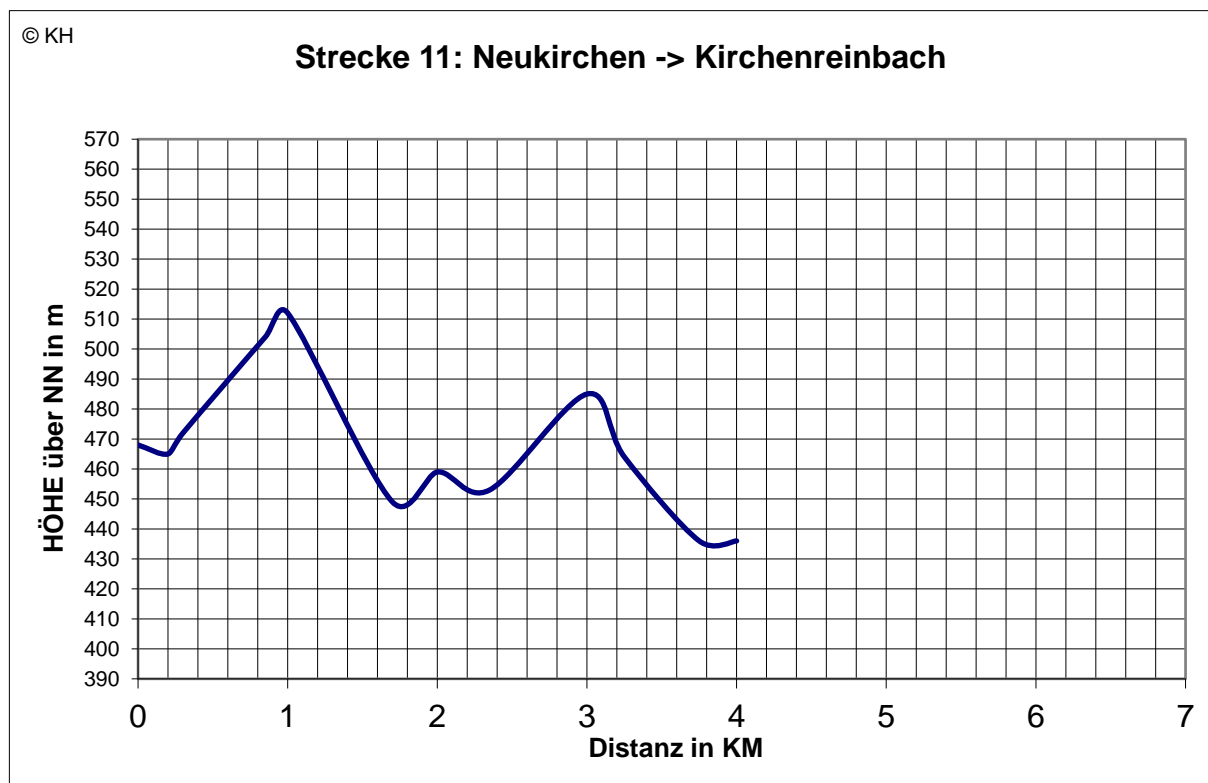
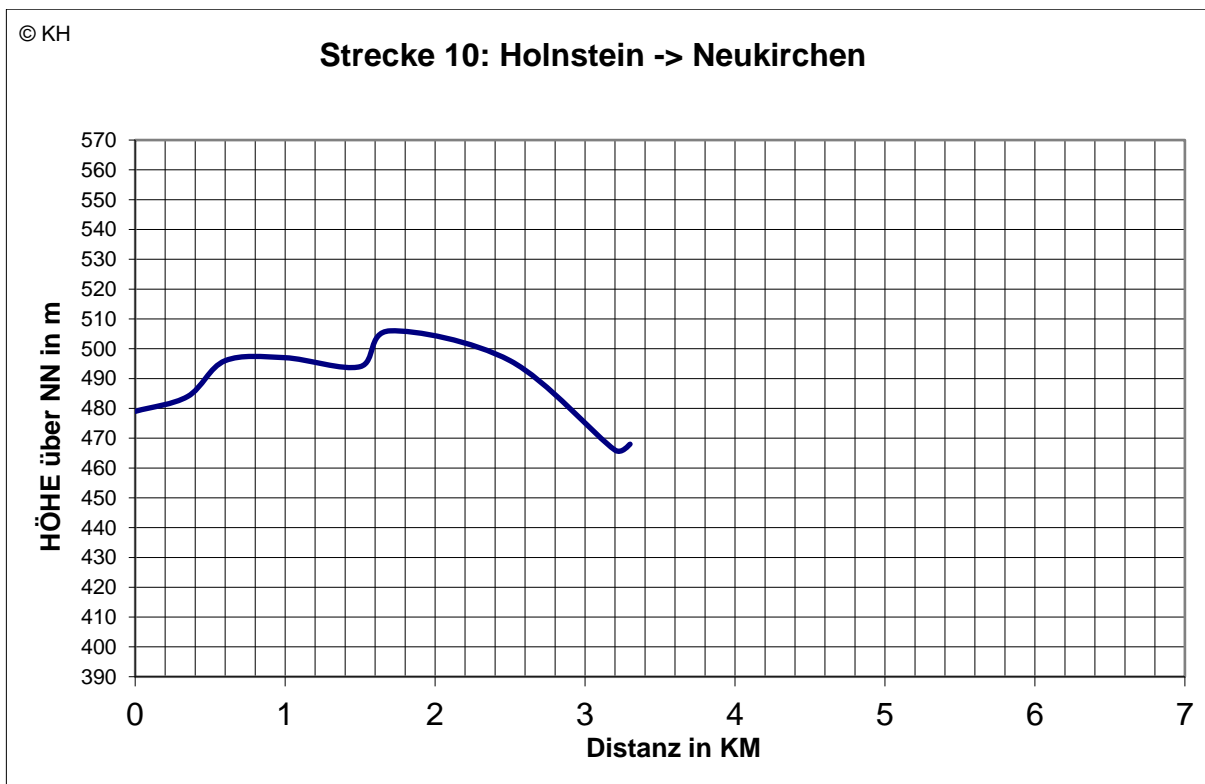












**Streckenstatistik:**

	Strecke		Länge in km	Höhenmeter	
	von	nach		ansteigend	abfallend
<b>1</b>	Ehenfeld	Großschönbrunn	4,5	49	65
<b>2</b>	Großschönbrunn	Seugast	4,7	20	64
<b>3</b>	Seugast	Ebersbach	5,9	71	98
<b>4</b>	Ebersbach	Vilseck	3,2	0	24
<b>5</b>	Vilseck	Heringnohe	5,0	21	11
<b>6</b>	Heringnohe	Kürmreuth	6,2	65	28
<b>7</b>	Kürmreuth	Königstein	6,1	137	73
<b>8</b>	Königstein	Eschenfelden	5,1	77	136
<b>9</b>	Eschenfelden	Holnstein	4,8	109	81
<b>10</b>	Holnstein	Neukirchen	3,3	32	43
<b>11</b>	Neukirchen	Kirchenreinbach	4,0	89	121
<b>Gesamt:</b>			<b>52,8</b>	<b>670</b>	<b>744</b>

510 m: Start in Ehenfeld  
 436 m: Ziel in Kirchenreinbach  
 565m: Höchste Punkte – Strecke 7 bzw. Strecke 8  
 399m: Tiefster Punkt – Vilseck