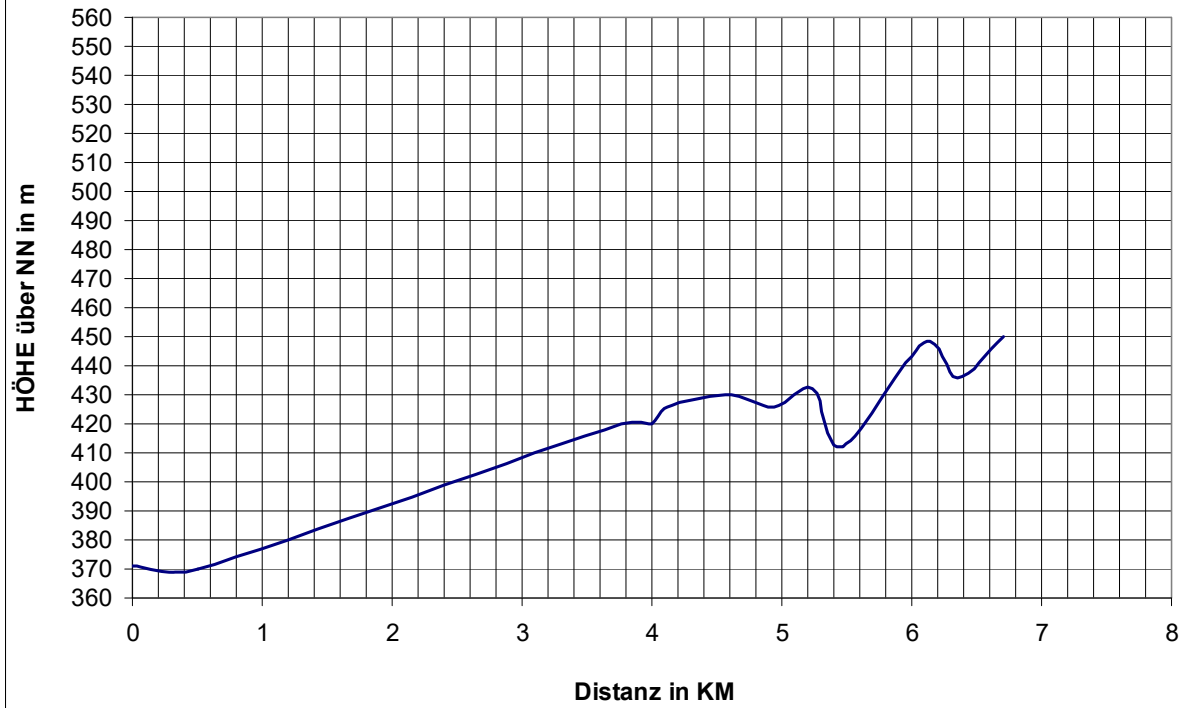


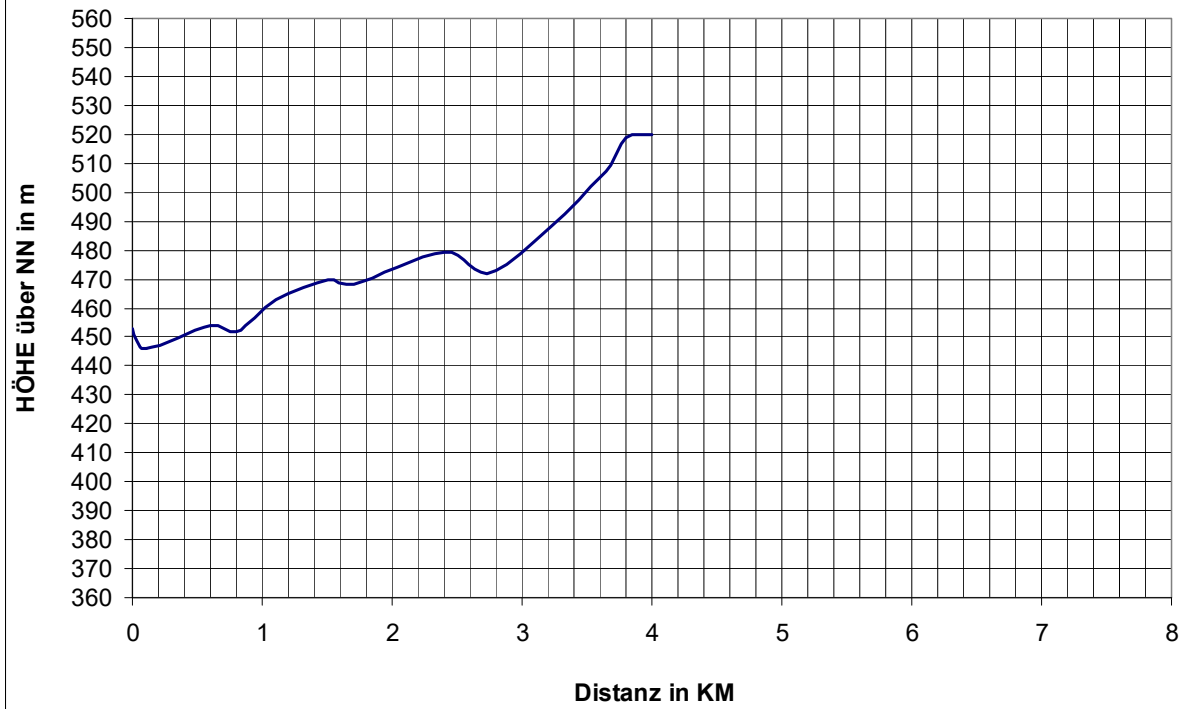
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Strecke 1: Haselmühl -> Haag



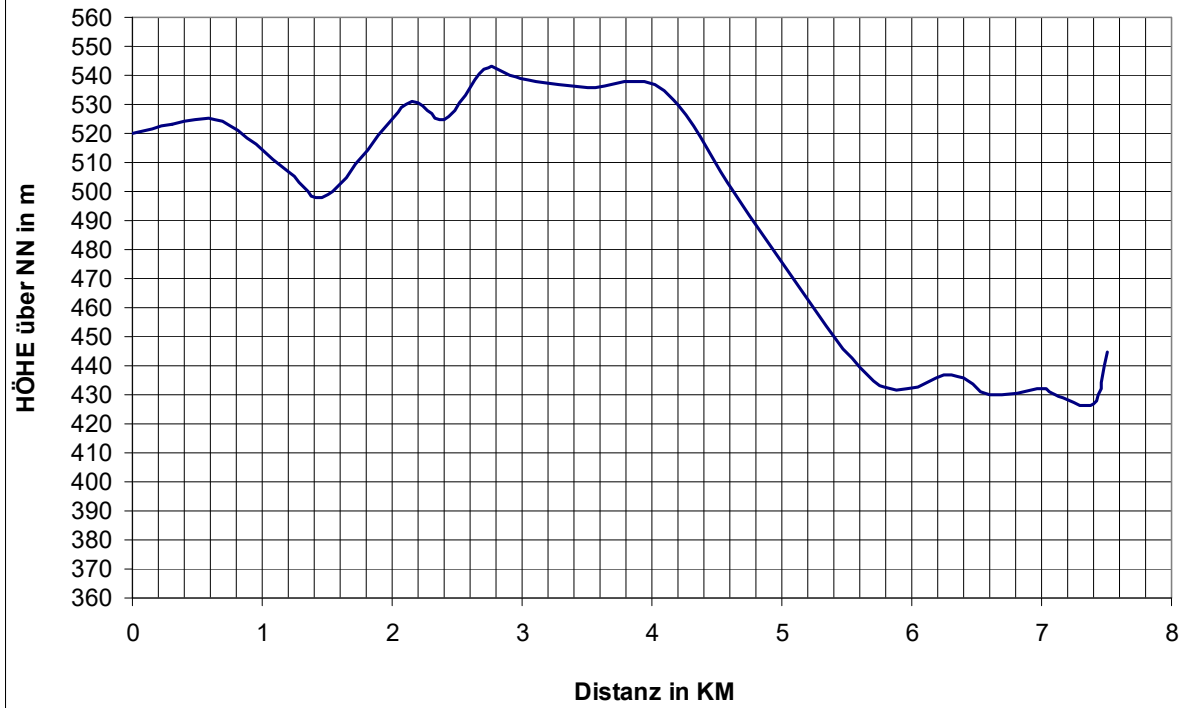
© Klaus Hahn

Strecke 2: Haag -> Hohenkernath



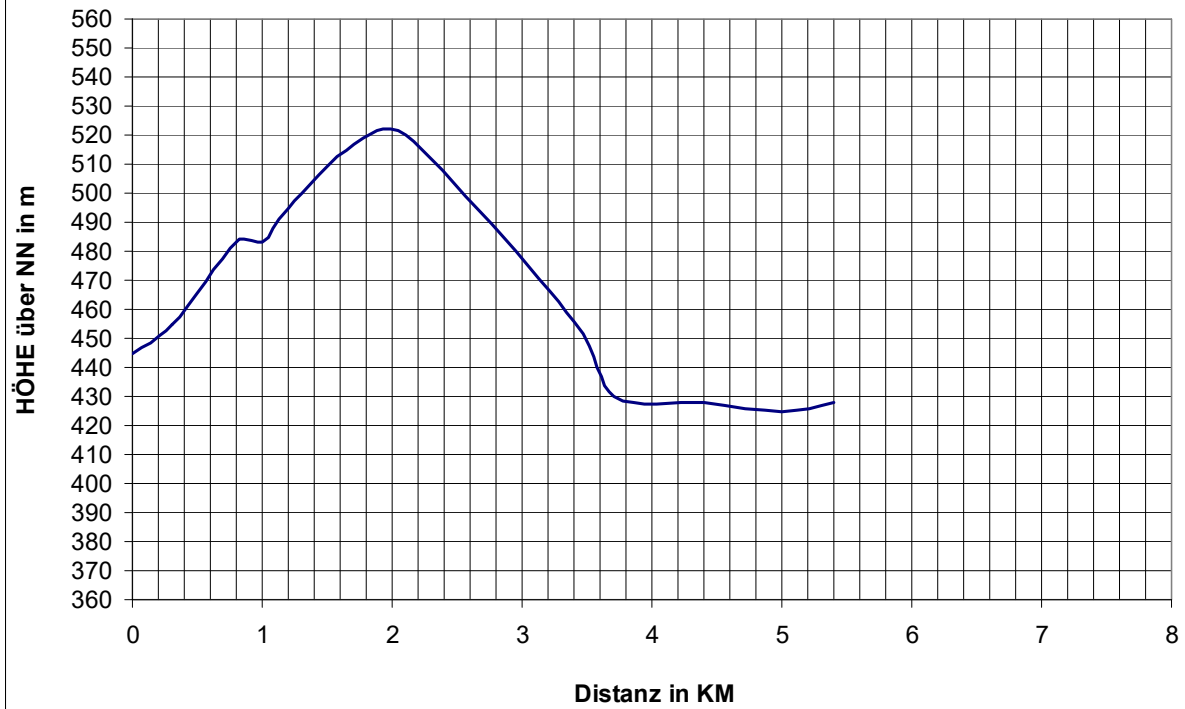
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Strecke 3: Hohenkemmath -> Hausen



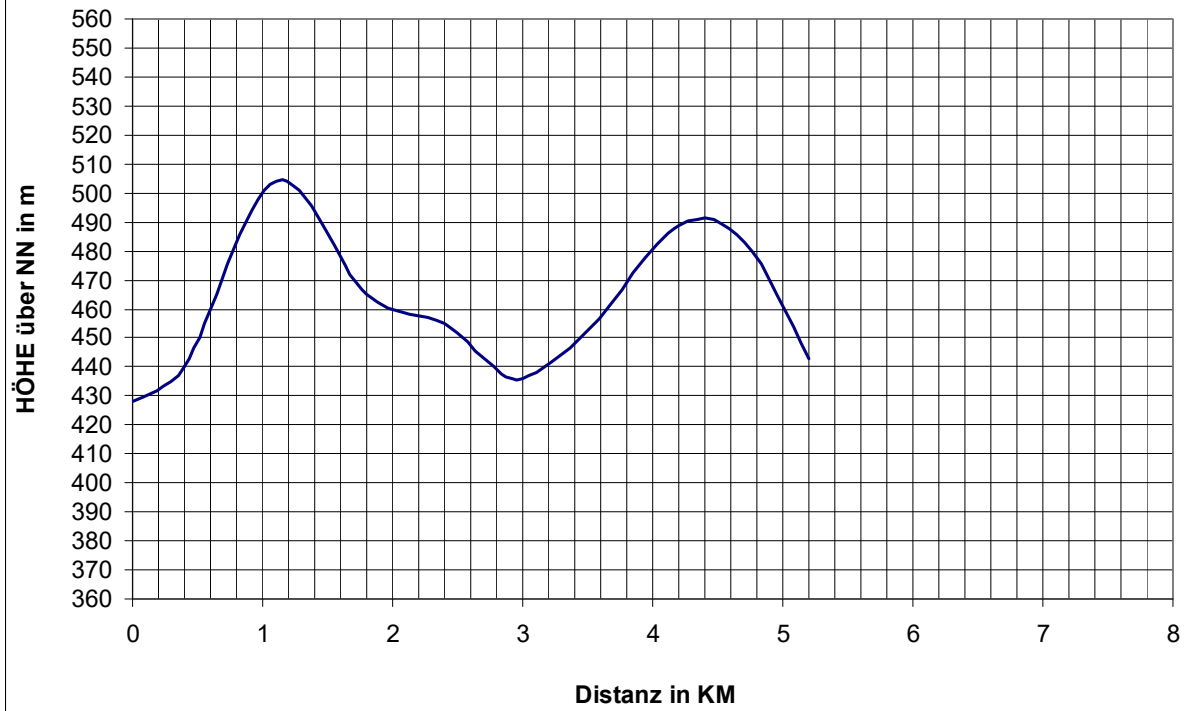
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Strecke 4: Hausen -> Kastl



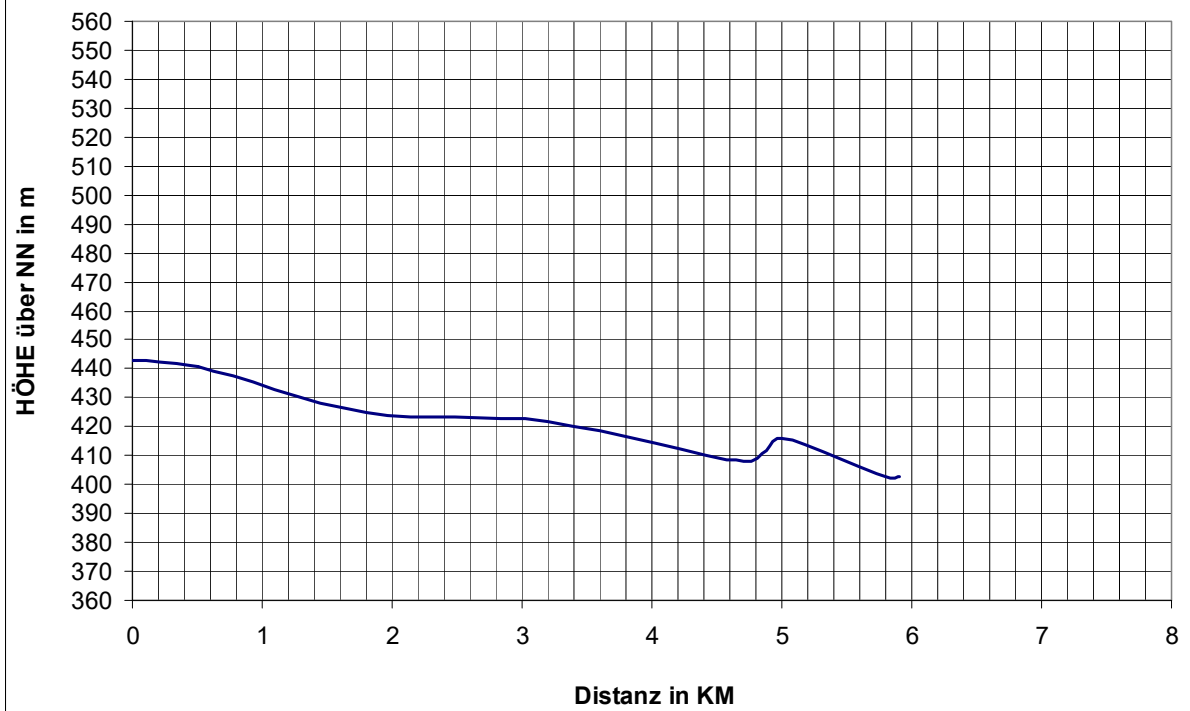
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Strecke 5: Kastl -> Utzenhofen



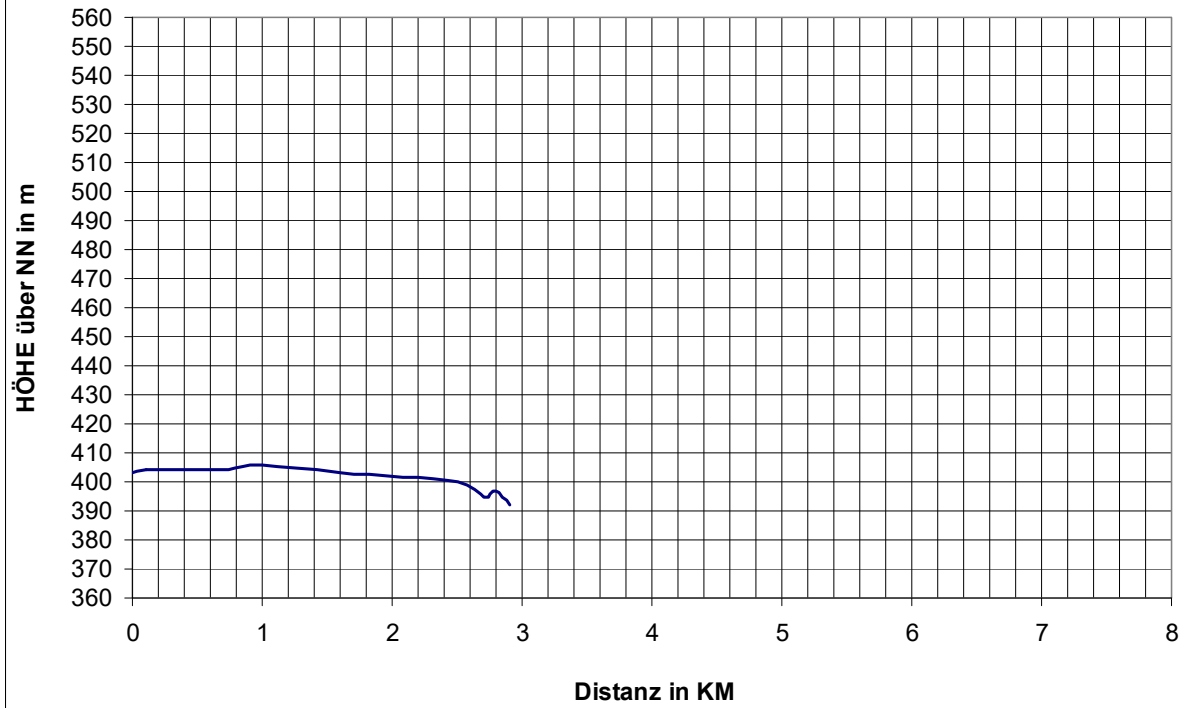
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Strecke 6: Utzenhofen -> Ransbach



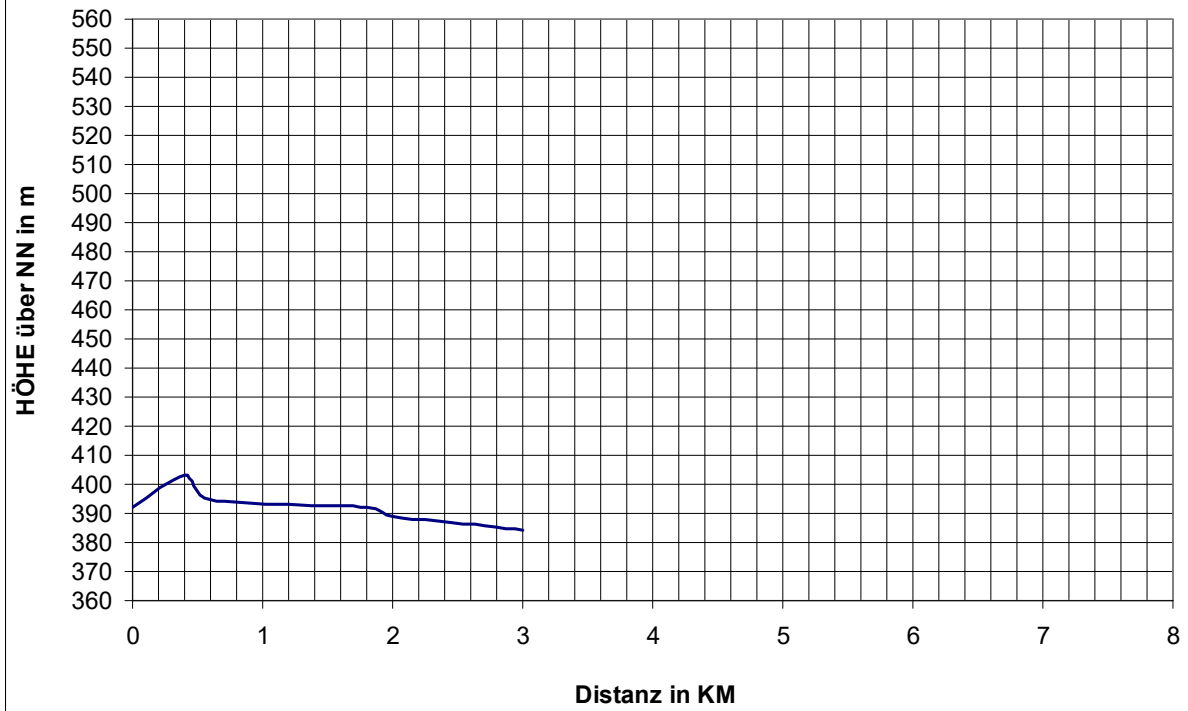
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Strecke 7: Ransbach -> Allersburg



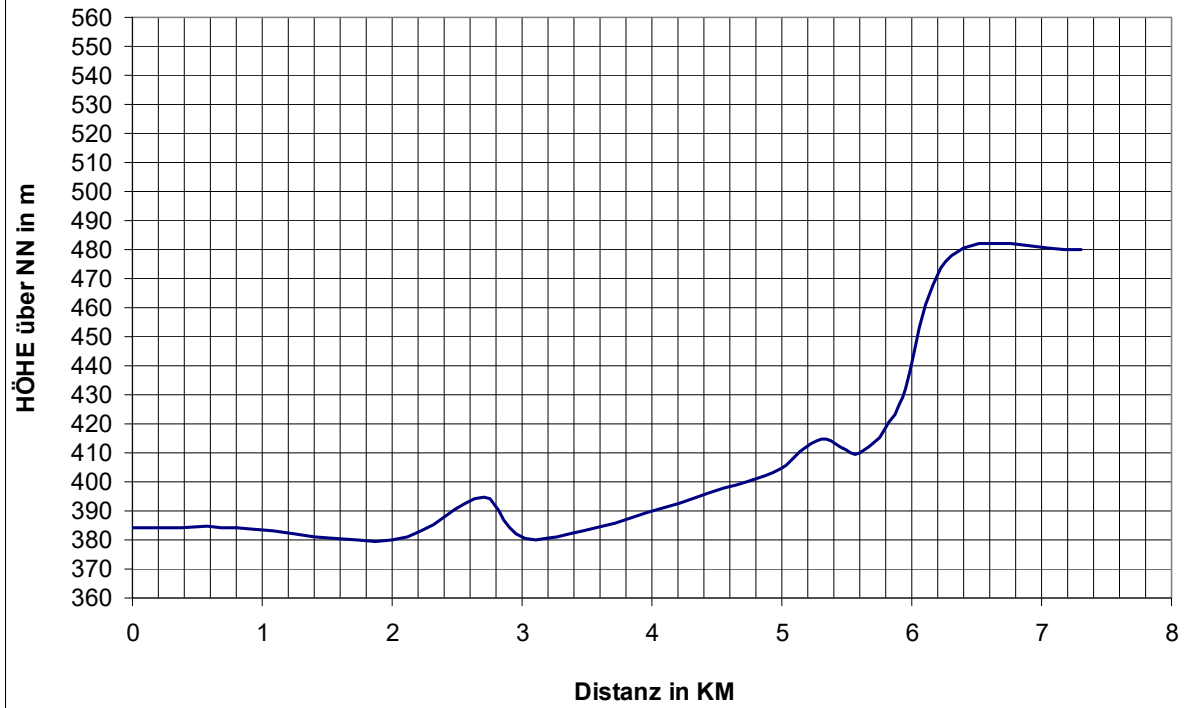
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Strecke 8: Allersburg -> Hohenburg



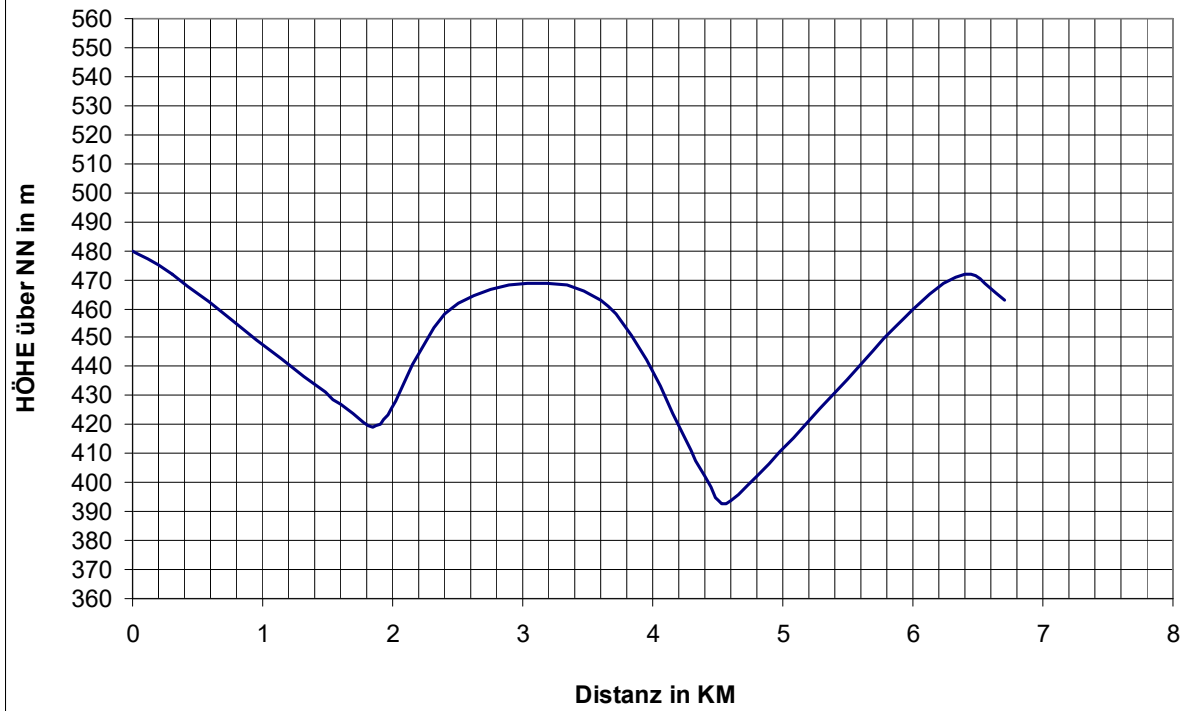
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Strecke 9: Hohenburg -> Mendorferbuch

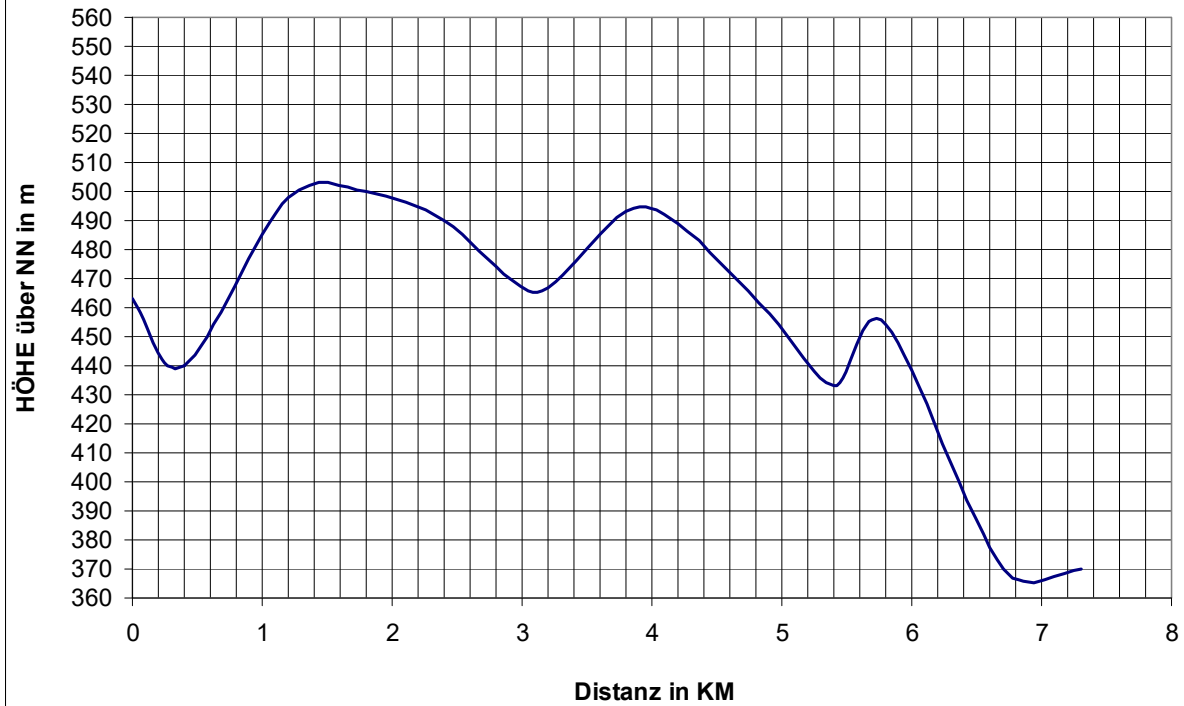


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Strecke 10: Mendorferbuch -> Winbuch



Strecke 11: Winbuch -> Rieden



Streckenstatistik:

	Strecke		Länge in km	Höhenmeter	
	von	nach		ansteigend	abfallend
1	Haselmühl	Haag	6,7	116	37
2	Haag	Hohenkemnath	4,0	84	14
3	Hohenkemnath	Hausen	7,5	74	149
4	Hausen	Kastl	5,4	78	95
5	Kastl	Utzenhofen	5,2	129	114
6	Utzenhofen	Ransbach	5,9	8	48
7	Ransbach	Allersburg	2,9	5	16
8	Allersburg	Hohenburg	3,0	11	19
9	Hohenburg	Mendorferbuch	7,3	120	24
10	Mendorferbuch	Winbuch	6,7	121	138
11	Winbuch	Rieden	7,3	107	200
Gesamt:			61,9	853	854

371m: Start in Haselmühl

370m: Ziel in Rieden

542m: Höchster Punkt – Strecke 3 – Hohenkemnath -> Hausen

370m: Tiefster Punkt – Strecke 11 – Ziel im Rieden